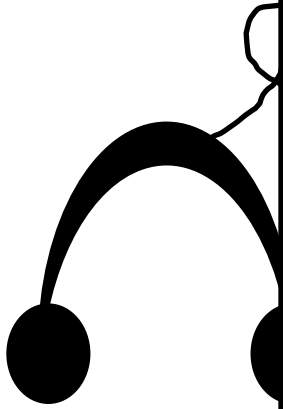
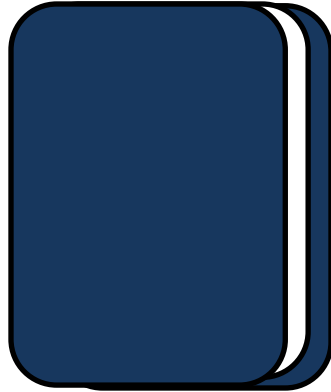


SAMPLE

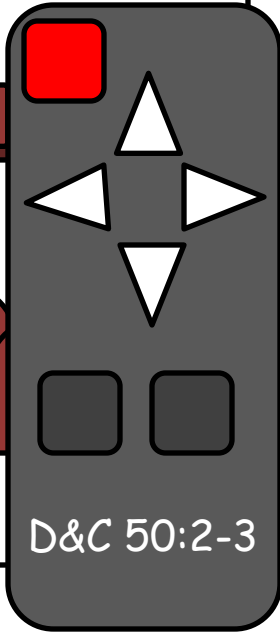
Turn the channel when:



The music  
invite th

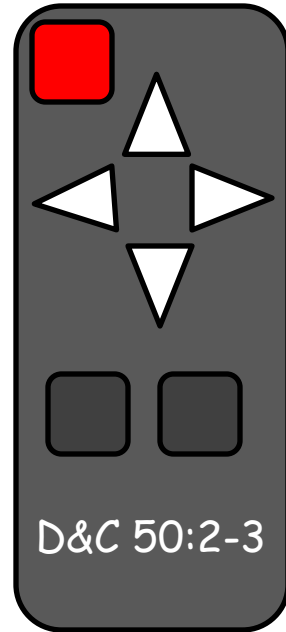


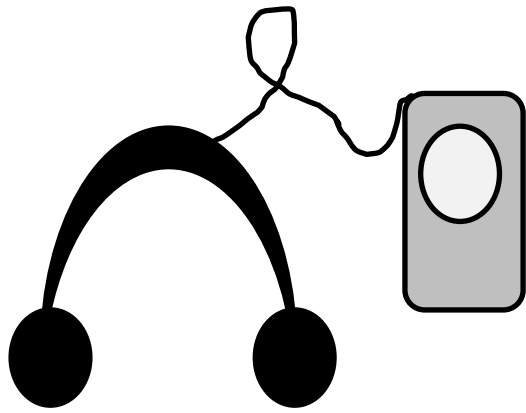
The things I read or  
see makes me feel bad



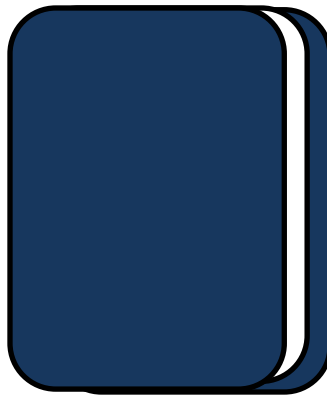
D&C 50:2-3

Turn the channel when:

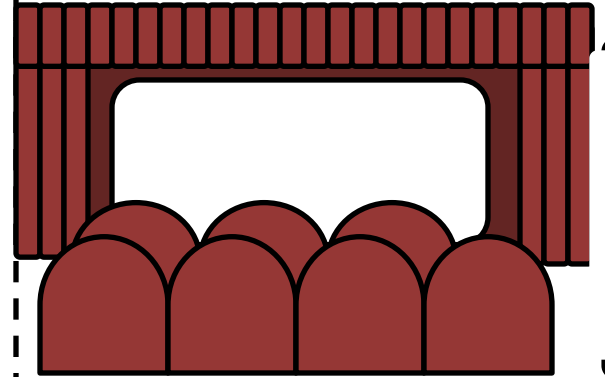




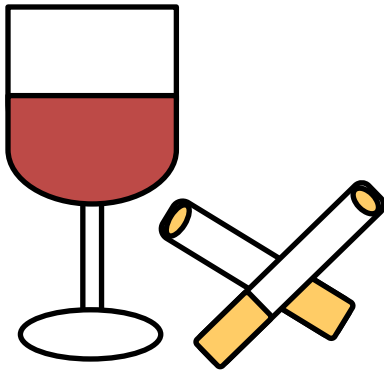
The music does not  
invite the spirit



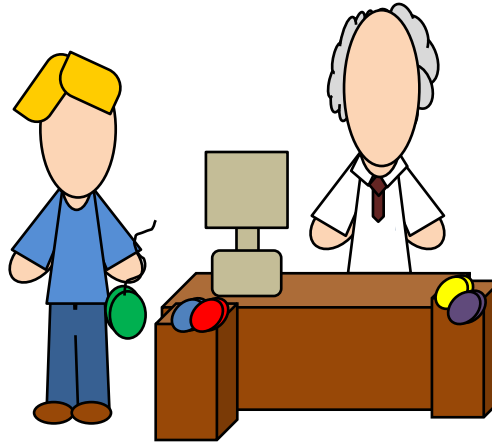
The things I read or  
see makes me feel bad



Movies have bad  
things in them



Things will  
harm my body



I want to take something  
that doesn't belong to me

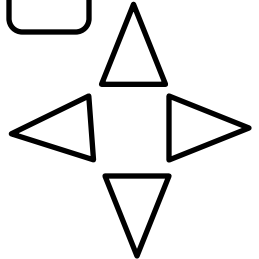


I have  
unclean  
thoughts

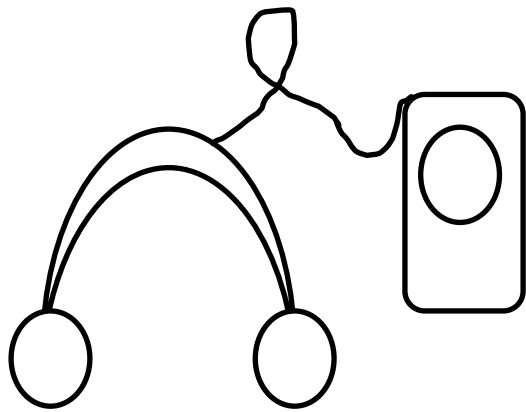
Copy on card stock, and cut on lines making two inserts

Inserts

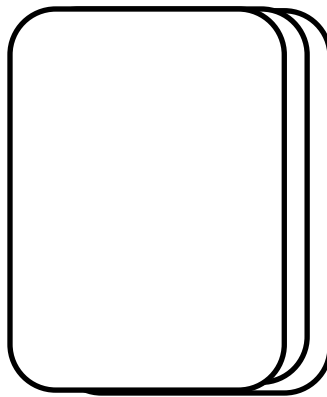
Turn the channel when:



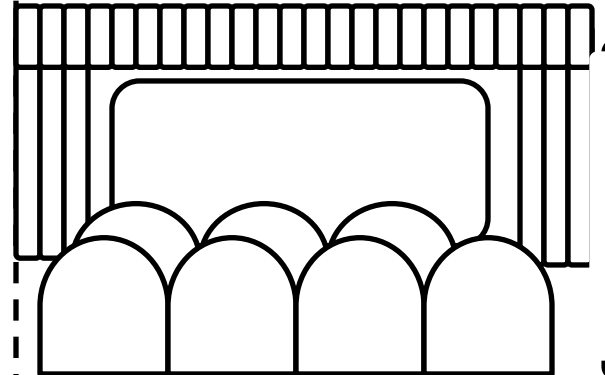
D&C 50:2-3



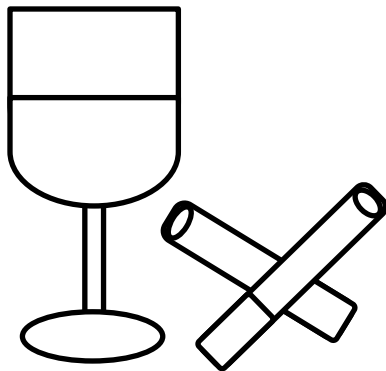
Music does not  
invite the spirit



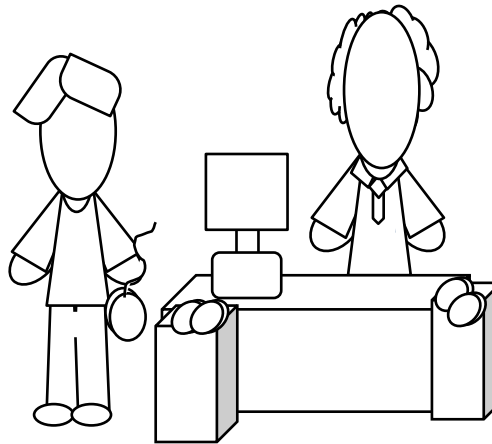
The things I read or  
see makes me feel bad



Movies have bad  
things in them



Things that will  
harm my body



I want to take something  
that doesn't belong to me



I have  
unclean  
thoughts

Copy on card stock, and cut on lines making two inserts

Inserts

## Instructions:

Turn the Channel Reading Articles:

influenced by:

“What’s on TV Tonight?” by Larry A. Tucker Ensign Feb. 1988

“Always Ready” by Chad E. Phares Friend Feb. 2012

“Hero” by Kimberly Webb Friend Oct. 2005

“The Strength to Choose” by Chris Deaver Friend April 2010

Page 1 SAMPLE

Page 2: Copy on cardstock. Cut on dotted lines to fit the inserts.

Page 3: Copy on cardstock the Inserts. Cut and slip them through the TV.

Page 4: Black and White TV to color

Page 5: Black and white inserts to color

Page 7: I know I’m on the right channel..page

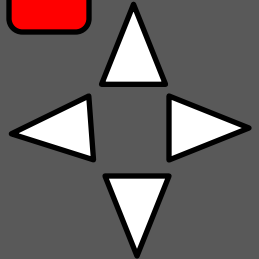
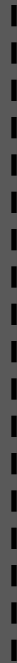
Page 8: I know I’m on the right channel inserts

Page 9: Black and White

Page 10: Black and white insert

Page 11: Make your own inserts

I know I'm on the right  
channel when:



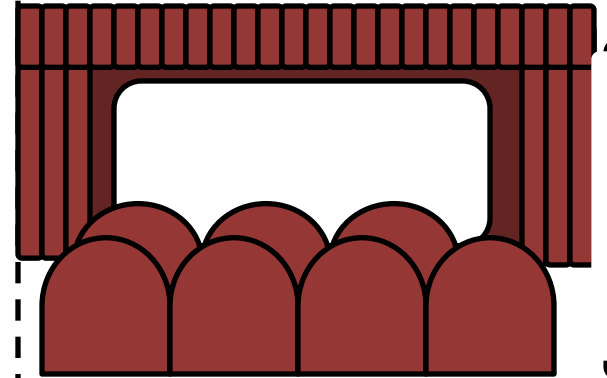
Jacob 4:13



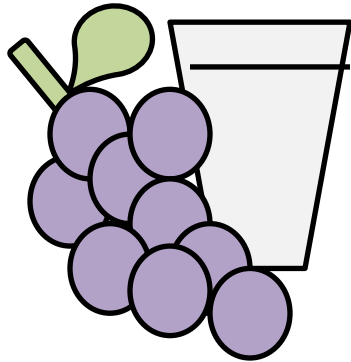
The music makes me  
feel good inside



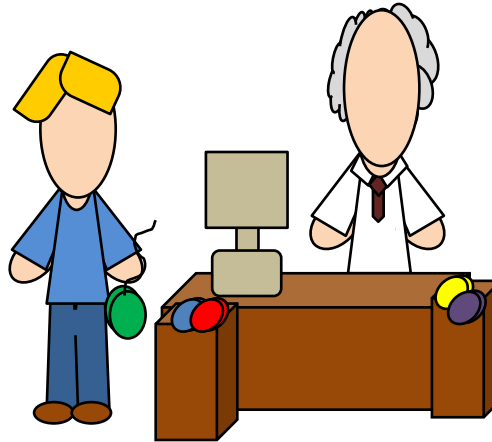
The books or  
magazines are clean



The movies are clean  
and pure



I eat the correct  
foods



I pay for something at  
the store



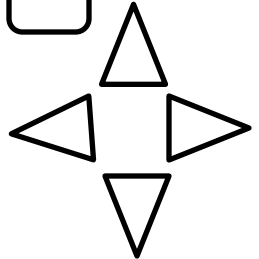
I have clean  
thoughts

Copy on card stock, and cut on lines making two inserts

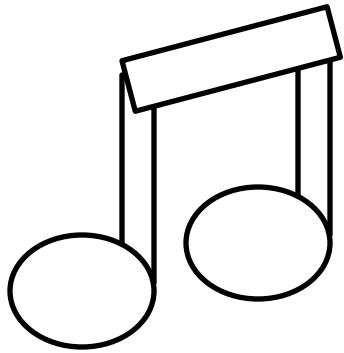
Inserts



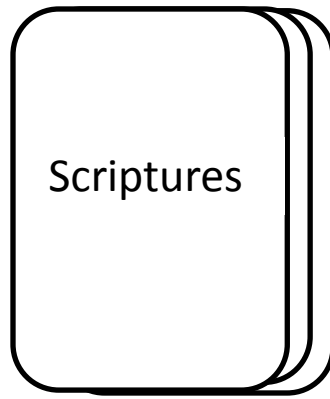
I know I'm on the right  
channel when:



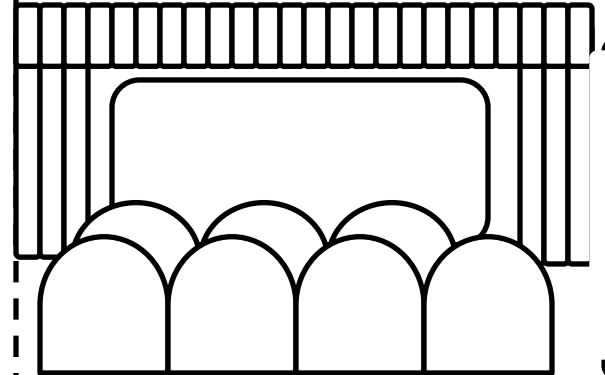
Jacob 4:13



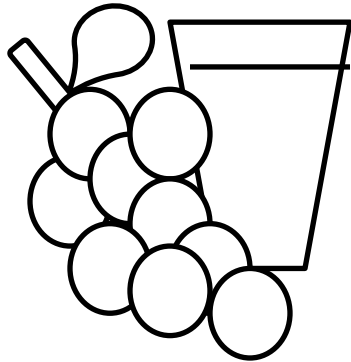
The music makes me  
feel good inside



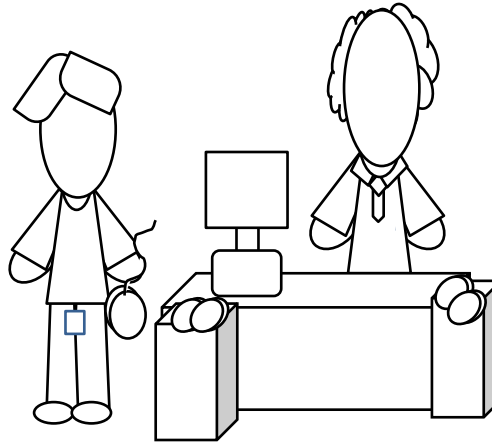
The books or  
magazines are clean



The movies are clean  
and pure



I eat the correct  
foods



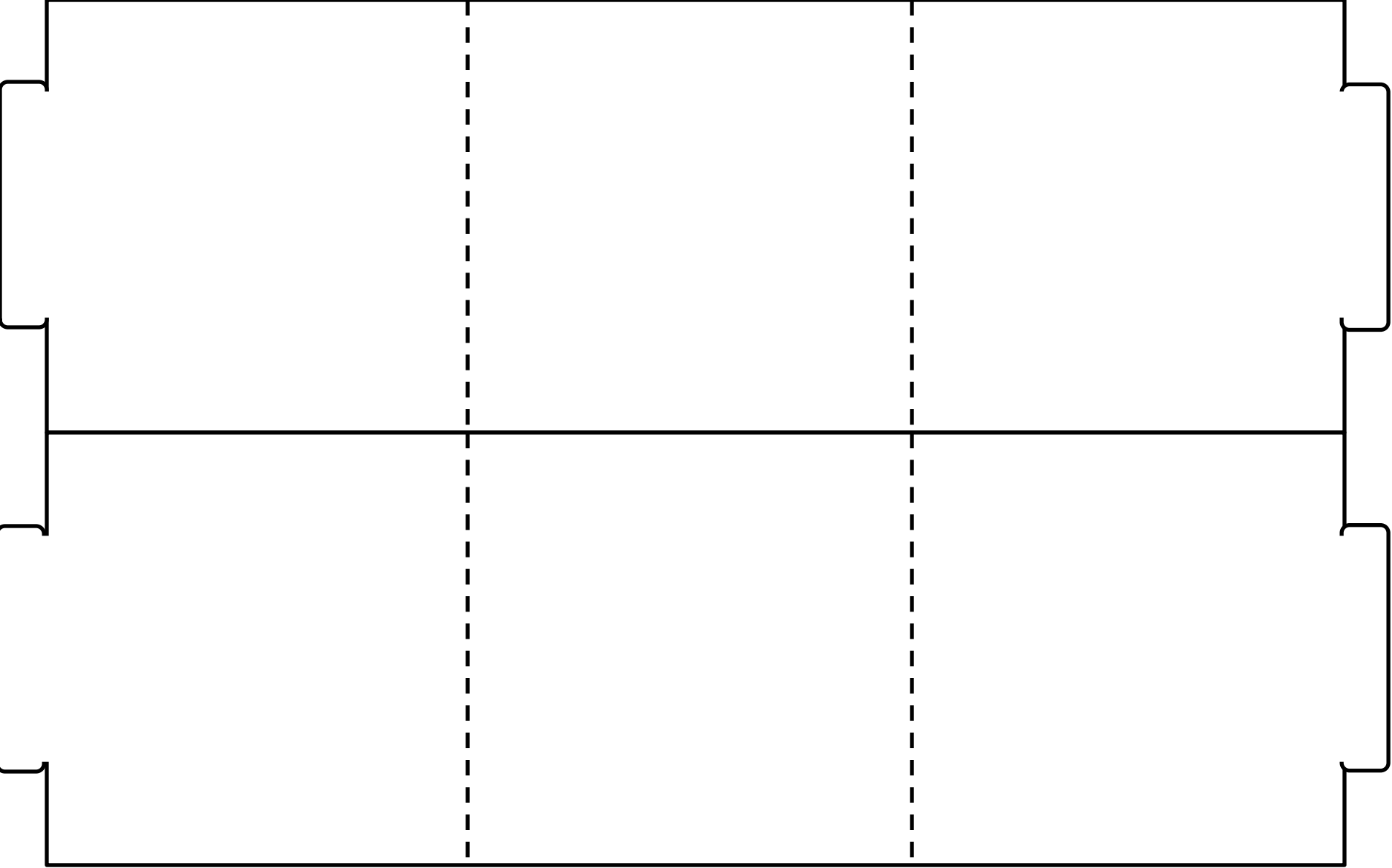
I pay for something at  
the store



I have clean  
thoughts

Copy on card stock, and cut on lines making two inserts

Inserts



Make your own inserts.

Inserts