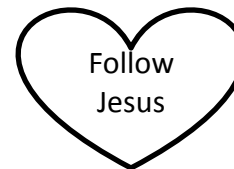
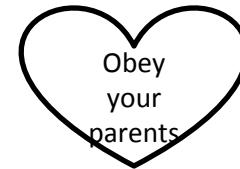
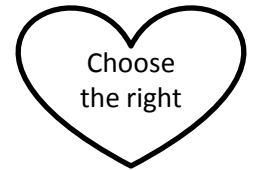
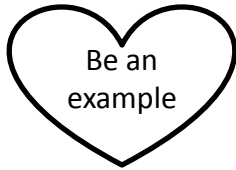
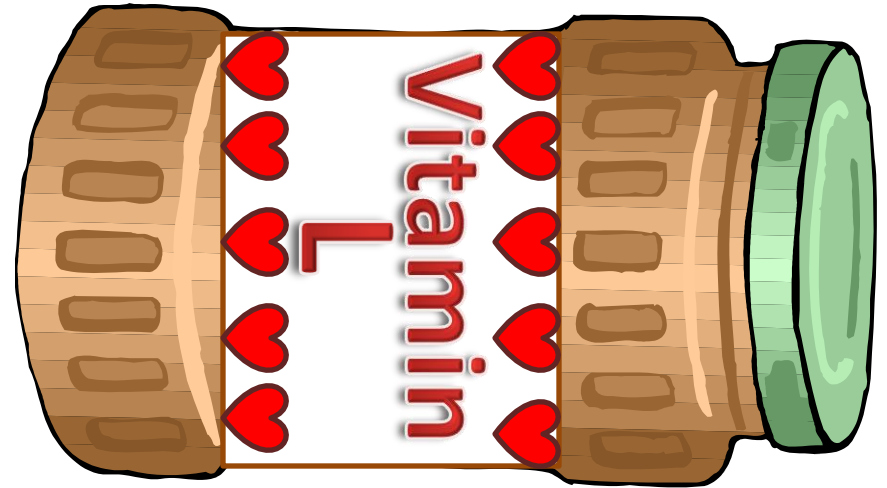
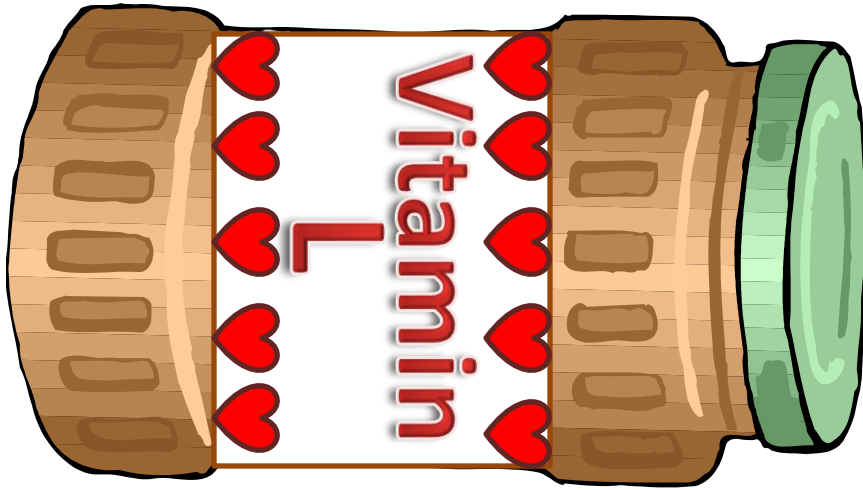


Sample

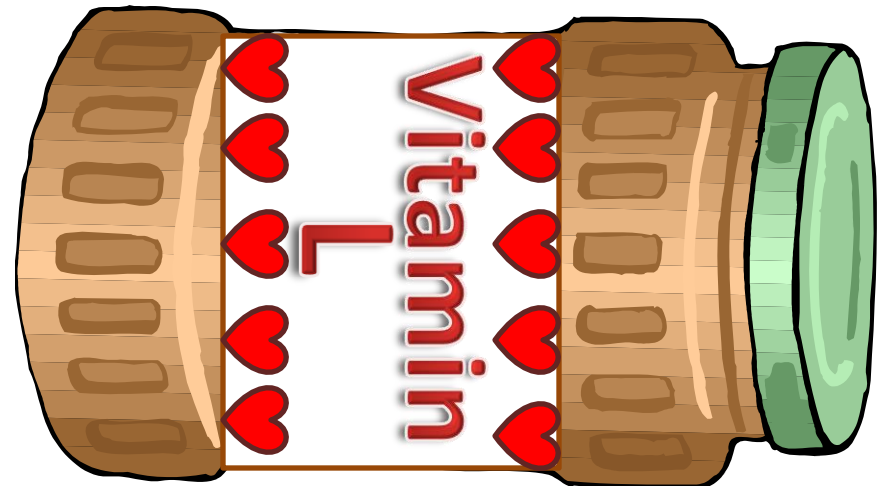
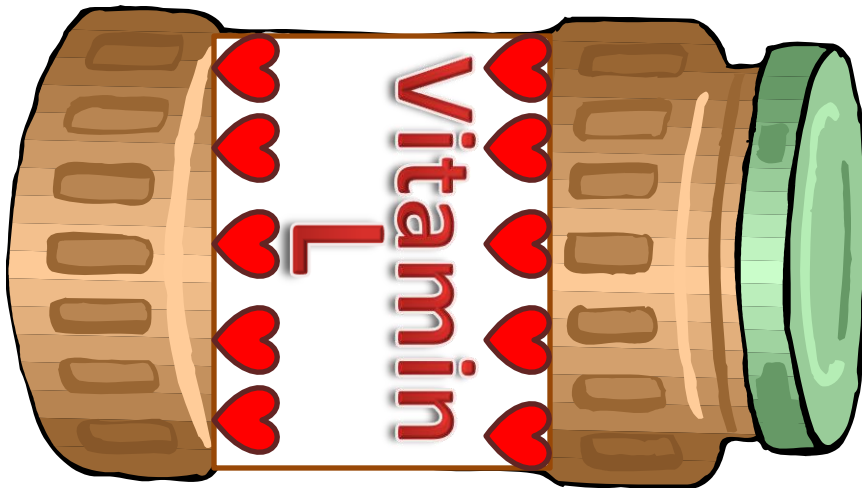




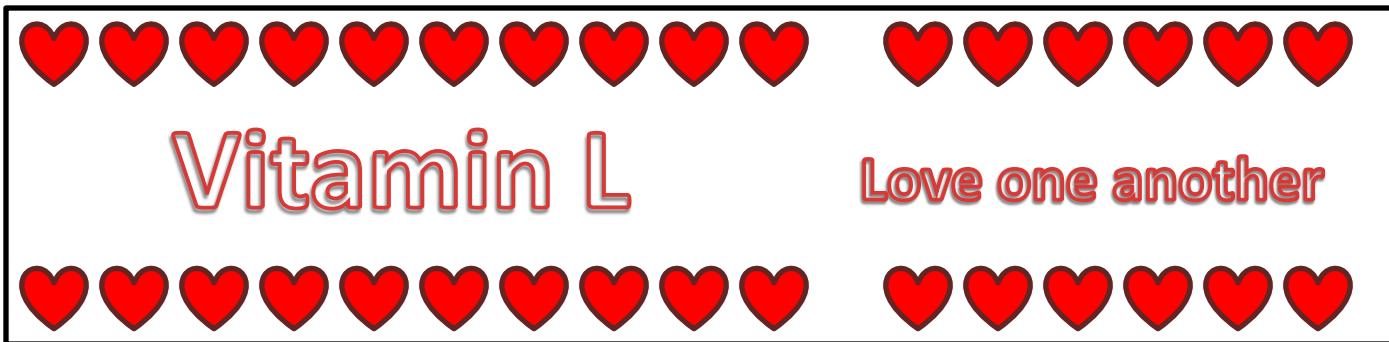
Copy pictures, cut out and paste in middle of paper. Copy and paste hearts around the Container. Optional: use empty vitamin or medicine containers and wrap label around bottle Then cut out hearts and put in container. You can use heart stickers too.



Have children color hearts or copy off already colored sheet. There are 8 sets. It is easy for them to cut out their own sheets, just cut and separate into sets.

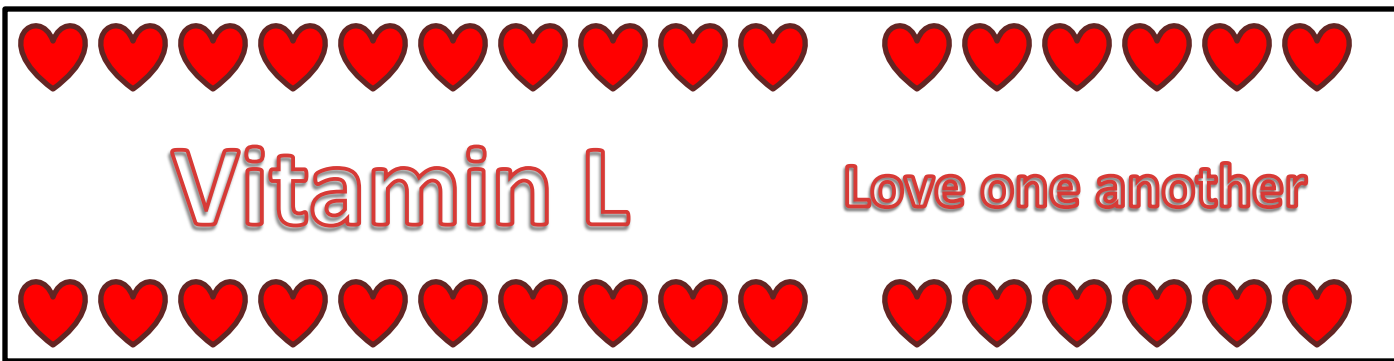
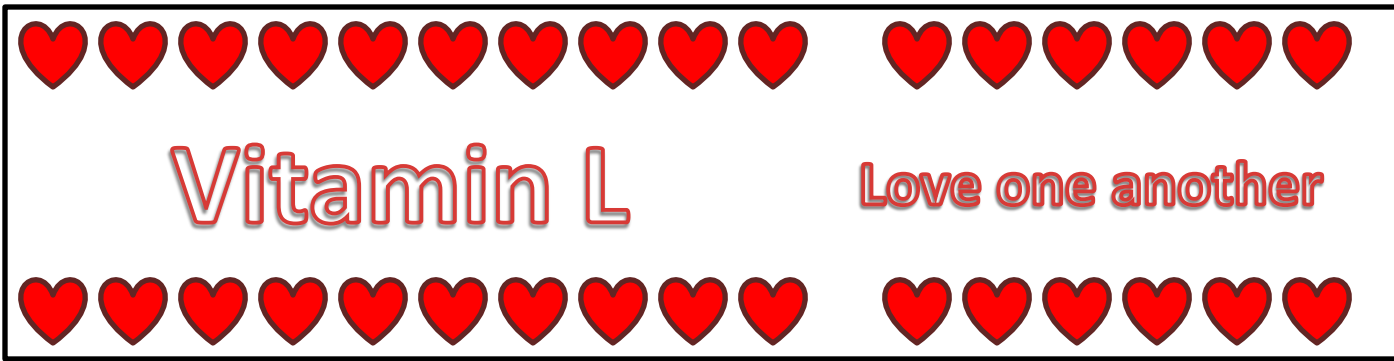
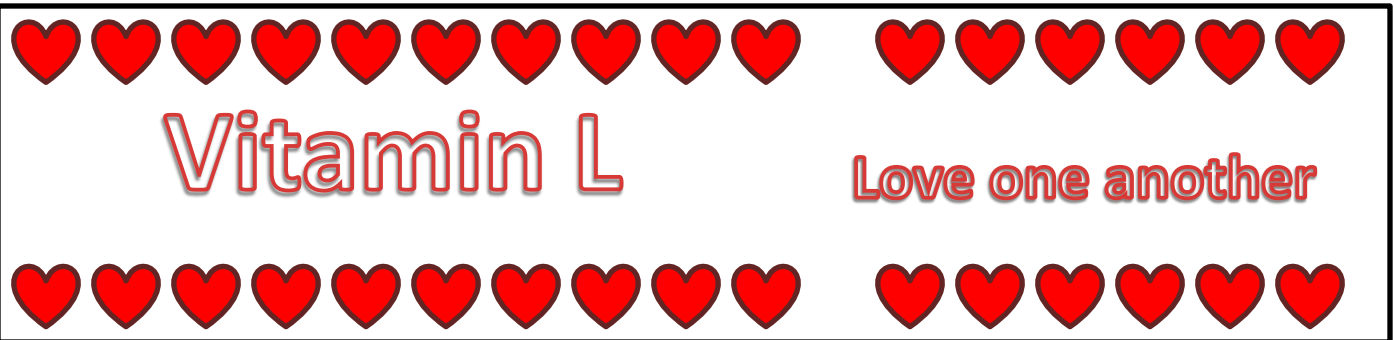


Story from Friend magazine: "Vitamin L" by Megan Anderson March 2010









Optional: collect empty vitamin or medicine containers and wrap labels around it, then cut hearts and place in container. For a treat add sweethearts. Round tops are for the lids.