









Inspired by talk given by President Thomas S. Monson in April 2012 Conference called, "Race for Life"

Instructions:

***best done with cardstock paper.

Page 1: Sample

Page 2: Colored boats and sayings. Copy cut and paste on background.

Page 3: Colored background. Copy and string a string around using punched holes to put string, or yarn, around. Tie a knot in the back so the boat can go back and forth along the water.

Page 4: Black and White. Copy cut and paste on background.

Page 5: Black and White. Copy, cut, color.

Practice first before you put the boat on so you can have the knot in the right place for the boat to go back and forth.