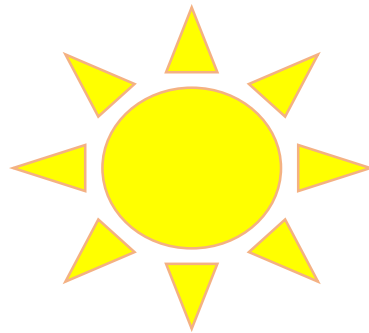


SAMPLE

My Sabbath Day Book



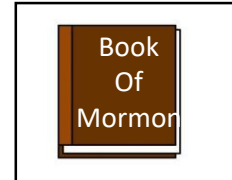
My Sabbath Day Book



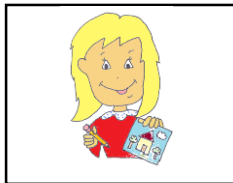
On the Sabbath we go
to church to honor
Heavenly Father and
Jesus Christ and learn
about them



The Sabbath day is a good
day to study the gospel
with our families. We can
read the scriptures and
other good books



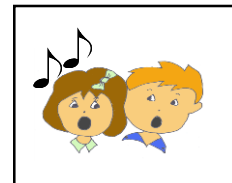
On the Sabbath day we
can write in our journals
and write letters to or
draw pictures for our
relatives, friends, and the
missionaries



The Sabbath day is a day
of prayer. We pray at
church, with our families,
and by ourselves



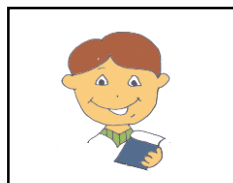
On the Sabbath day we
can sing hymns and listen
to good music



The Sabbath day is a good
day to visit family
members or people who
are sick or lonely



The Sabbath day is a
good day to study the
scriptures and learn
more about Jesus.



Instructions for booklet:

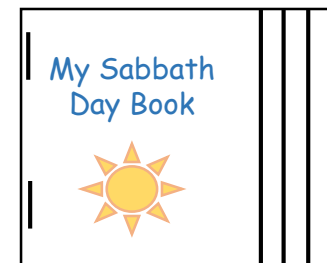
Page 1 Cut 8 ½ by 11 sheet of paper in half lengthwise.

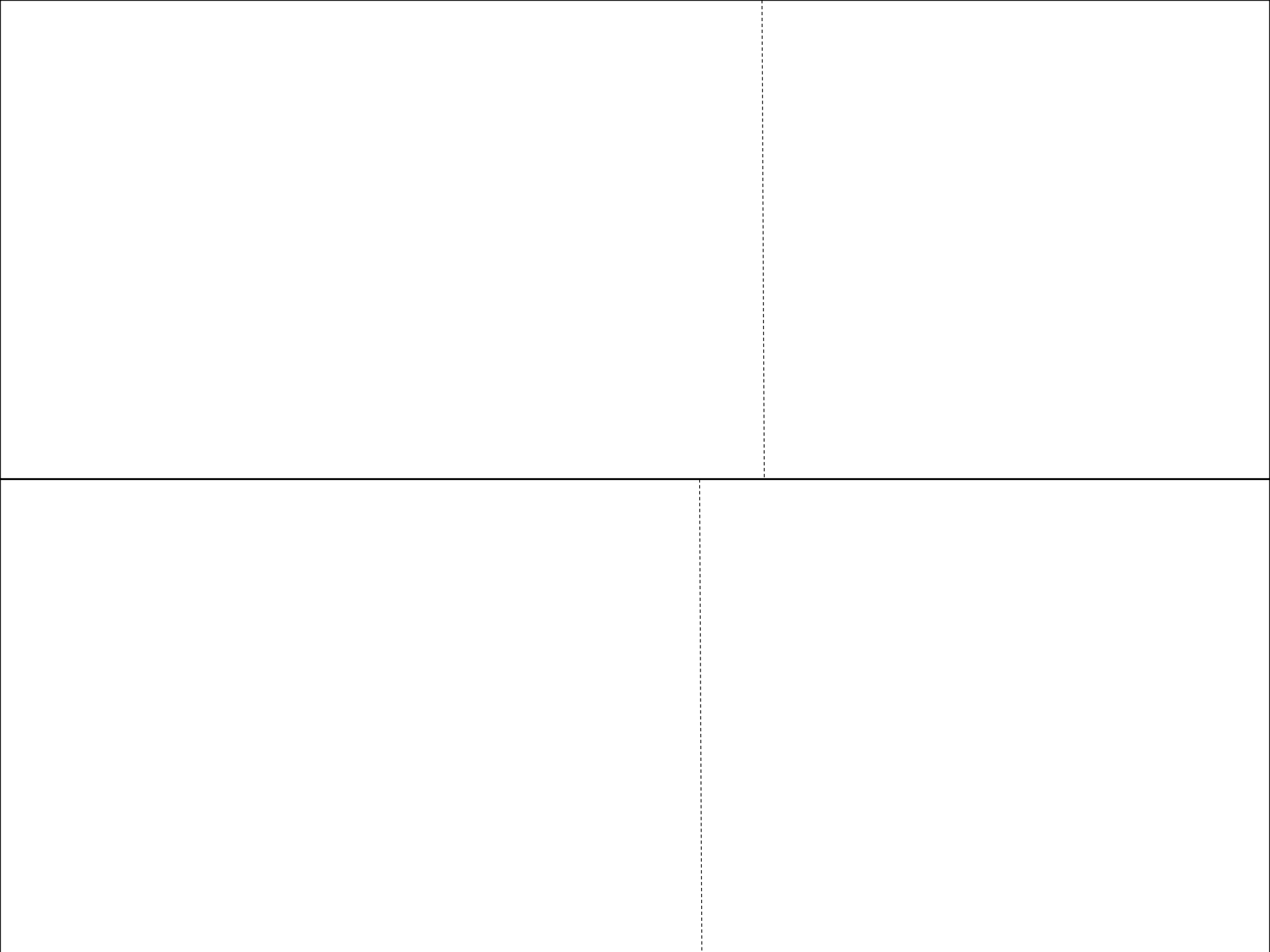
Fold on dotted lines as indicated.

Put together as shown and staple edges

Paste pictures on

You can use colored
paper for booklet





My Sabbath Day Book



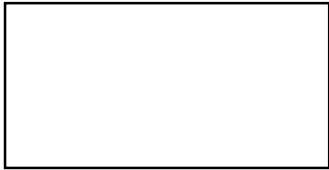
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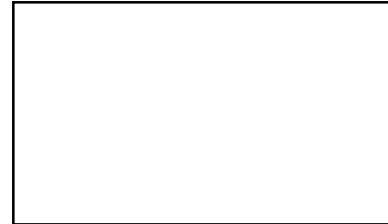
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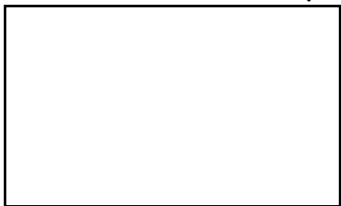
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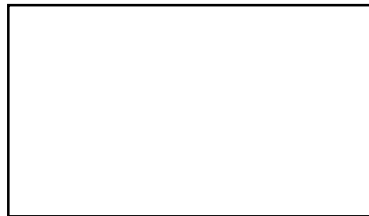
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