Himni
Son of King Mosiah
Mosiah 27

Helaman
son of King Benjamin
Mosiah 1-2

Helorum
Son of King Benjaman Mosiah
1-2
Helam was baptized by Alma. Mosiah 18:13-14

Helem went with Ammon to search for Nephites. Mosiah 7:6

Helem was one of the 16 men in the search party of King Mosiah. Mosiah 7:6

Hem went with Ammon to search for Nephites. Mosiah 7:6
Captain Helaman son of Alma the younger Helaman 37

Helaman son of Helaman
Helaman 3

Hagoth
Alma 63
Heth, Jaradite leader son of Hearthom
Ether 1

Hearthom son of Lib father of Heth
(Jaridite) Ether 1, 10

Heth son of Com
Jaradite
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Himni
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