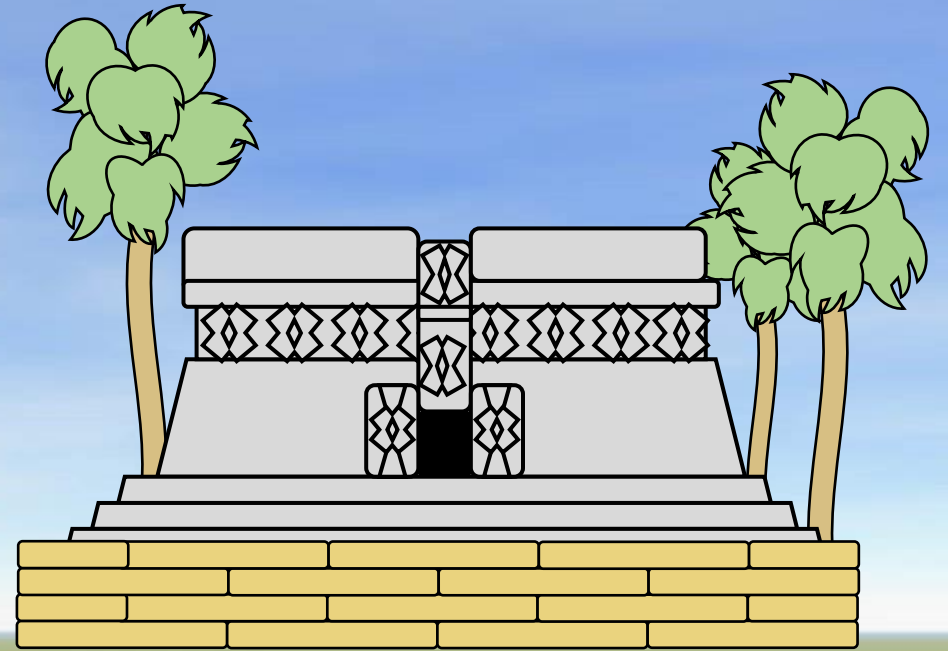


# Mosiah 1-3



# Previously in Mosiah 1



# Mosiah

Mosiah was the father to King Benjamin and grandfather to Mosiah II and a descendent of Lehi

He lived in the southern area of the country where Lehi and his group from Jerusalem had first settled in the Promised Land.

He was warned of the Lord to leave the land (the land of Nephi) and fled north to Zarahemla

He and his followers discovered a people who were descendants of Mulek, the lone surviving son of King Zedekiah of Judah (Omni 1:16)

Mosiah carried the sacred records to preserve the written language of his forebears and the record of God's dealing with His people

He was active around 279 BC to 130 BC and the people brought to him a "large stone" displaying engravings that Mosiah was able to interpret. The stone told of the last days of Coriantumr, the final Jaredite ruler, who had been discovered by the people of Zarahemla and dwelt among them for the better part of a year

He was appointed king over the people and his son, King Benjamin, was his successor



# King Benjamin

He was the son of the first Mosiah who was commanded of the Lord to depart from the land of Nephi.

He received custody of the sacred records from Amaleki and established peace in the land of Zarahemla

He taught his three sons, Mosiah II, Helorum, and Helaman the importance of the scriptures

He led armies to battle against the Lamanites and wielded the sword (the sword of Laban) with his own arm in their defense

He was one of the most beloved and oft-quoted personalities in the Book of Mormon

His discourse to his people, given about 124 BC, describes a Christ-centered life of service and spiritual integrity

Through revelation, his discourse is one of the most celebrated gospel sermons ever recorded (Mosiah 2:17)

Before his death he appointed Mosiah II to be king of the land and he gave the people a new name: “The name of Christ”



# Mosiah II

Mosiah was a son of King Benjamin.

He was named after his grandfather Mosiah, who was also a king of Zarahemla (see Omni 1:12–13, 19).

He was 30 years old when he began his reign as king, and he was the last of the Nephite kings.

He was taught by his father in the ways of the Lord

Mosiah was a prophet, seer, revelator, and king who ruled in Zarahemla from approximately 124 to 91 BC

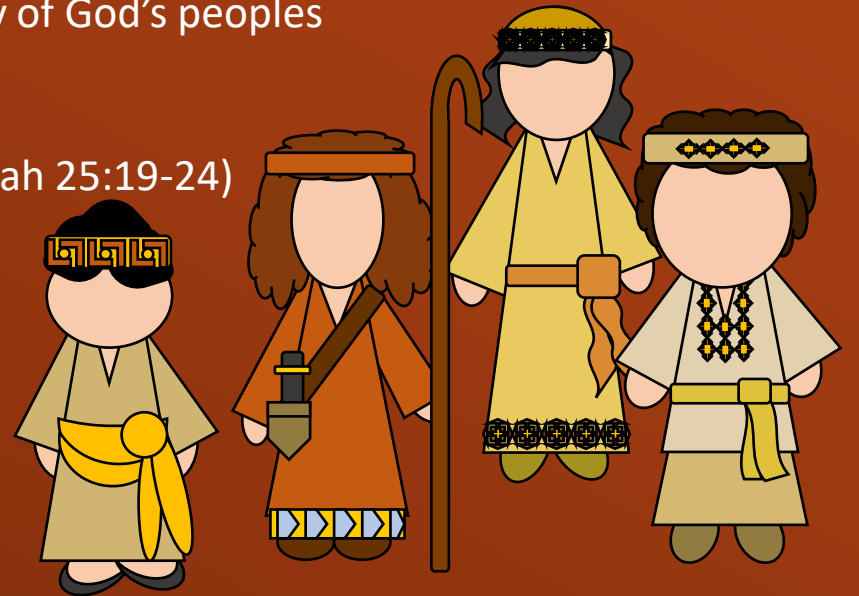
Because of his gift to translate ancient records his people benefited from the history of God's peoples over the ages

He gave authority to Alma the Elder to organize 7 congregations in Zarahemla (Mosiah 25:19-24)

He had 4 sons—Ammon, Aaron, Omner, and Himni

He originated the program to have governing judges instead of kings

He died at age 63 (Mosiah 29:46)



# Book of Mosiah

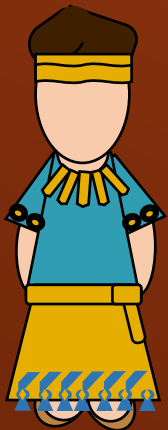
The book is named for Mosiah, who was a son of King Benjamin.

Mormon compiled and abridged the records of several other writers to create the Book of Mosiah.

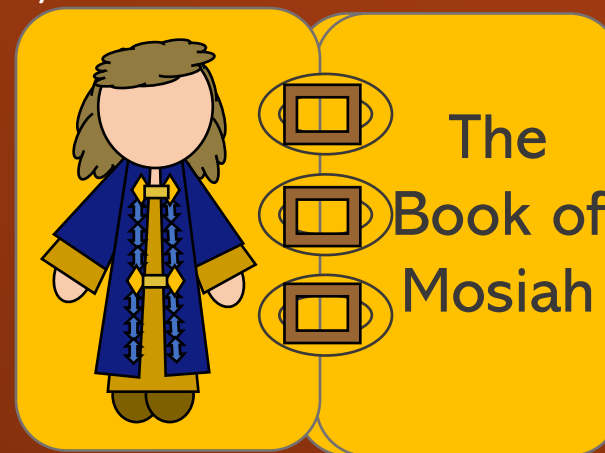
Mormon drew from a number of records to compile the Book of Mosiah. He abridged and quoted from the record kept by Mosiah on the large plates of Nephi, which detailed the history of the Nephites in the land of Zarahemla (see Mosiah 1–7; 25–29).

He also drew from the record of Zeniff, which recounts the history of Zeniff's people from the time they left Zarahemla until they returned (see Mosiah 7–22).

Mormon quoted from and abridged portions of the writings of Alma, who preserved the words of Abinadi and kept a record of his own people (see Mosiah 17:4; 18; 23–24).



Written about 200 to 91 BC

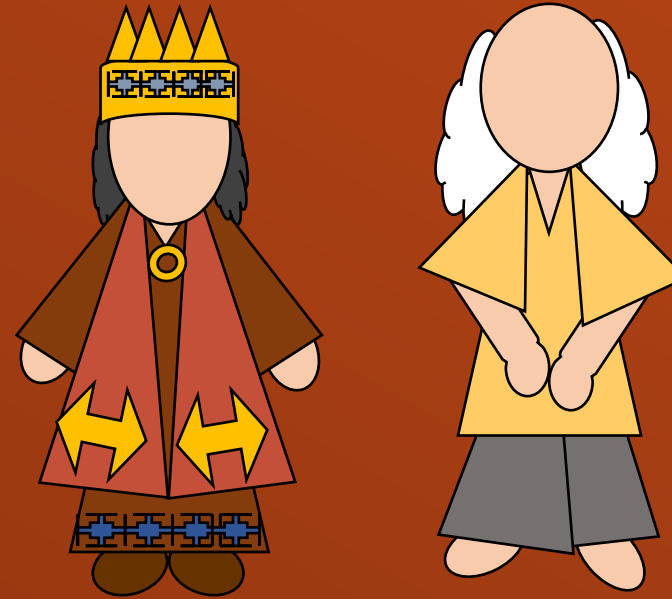


# The Mission Statement

The book of Mosiah includes two discourses on the mission of Jesus Christ:

The words of King Benjamin in Mosiah 2–5

and the words of Abinadi in Mosiah 12–16.



Mosiah is the first book that is an abridgement from the large plates of Nephi

The Book of Mosiah teaches about the abilities of a seer

The Book of Mosiah teaches about separate Nephite groups—those in Zarahemla, and in the Land of Nephi—Zeniff, Noah, Limhi, Alma, and Abinidi

The Book of Mosiah introduces the “Reign of the Judges”

# King Benjamin Teaches His Sons

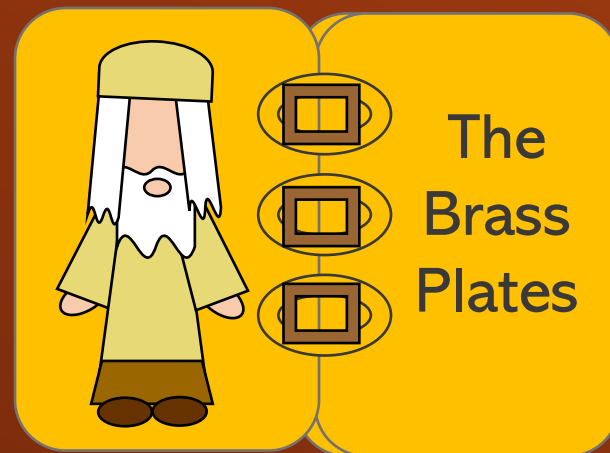
To learn from the scriptures in the language of his fathers

To learn about the commandments of God

That the records are true

To search them diligently

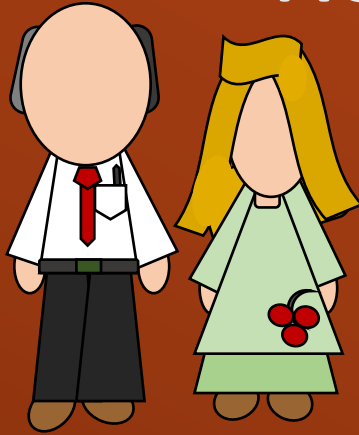
Keep the commandments and  
Prosper in the land



The Best Memory is no match for the written word



# Responsibility of Parents



Teach their children the commandments of God

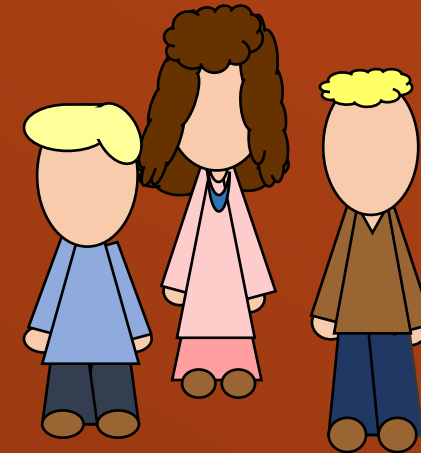
“Parenting is a godly responsibility necessary for the salvation of Father’s children and important for our preparation for eternal blessings.”

Patricia P. Pinegar



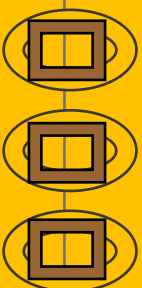
“You need more than your own wisdom in rearing [your children]. You need the help of the Lord. Pray for that help and follow the inspiration which you receive”

Gordon B. Hinckley



“And they shall also teach their children to pray, and to walk uprightly before the Lord”  
(D&C 68:28).

“But ye will teach them to walk in the ways of truth and soberness; ye will teach them to love one another, and to serve one another”  
(Mosiah 4:15).



**Our Family Book**



Passing the torch:

Each generation passes the “truth and light” to their children

# Last Blessings



“And this *is* the blessing,  
wherewith Moses the man of God blessed the  
children of Israel before his death.”  
Deut. 33



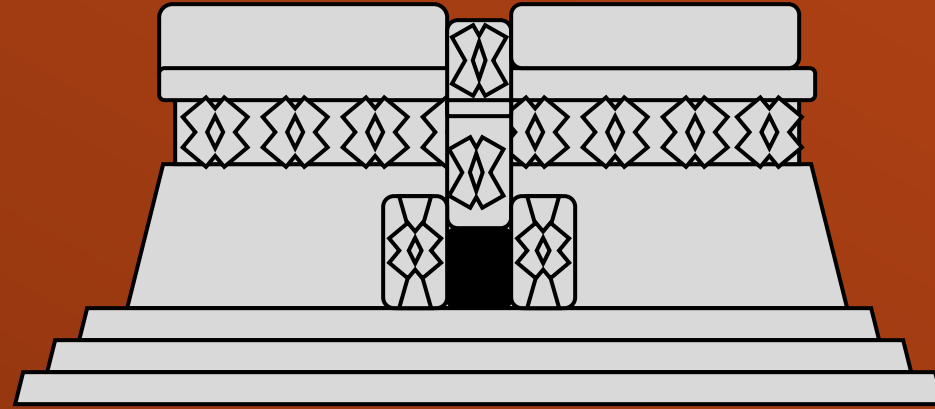
“...that he waxed old, and he saw that he  
must very soon go the way of all the  
earth; therefore, he thought it expedient  
that he should confer the kingdom upon  
one of his sons.

Therefore, he had Mosiah brought  
before him; and these are the words  
which he spake unto him, saying: My  
son, I would that ye should make a  
proclamation throughout all this land  
among all this people, or the people of  
Zarahemla,...



# To Be A King and A Ruler

Mosiah is asked to make a proclamation to all his people—the people of Zarahemla

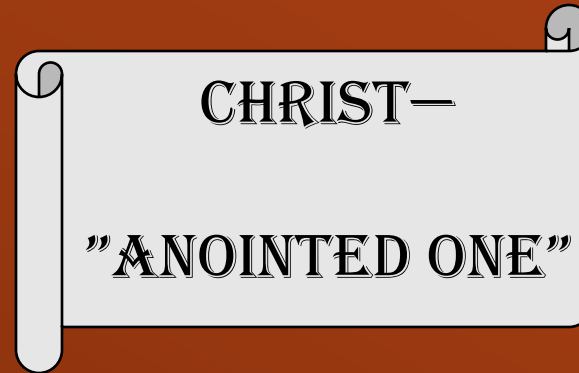


He was asked to gather all the people in the land

Then Mosiah was designated a king and a ruler

# A Name Be Given

A name that they may be distinguished  
above all the people



Those upon whom the title is  
properly conferred are rightful  
heirs of the powers and  
privileges associated with the  
name

Conditions of acquiring this name:  
Those who are righteous and keep the law of all  
covenant, contracts, bonds, etc that are sealed  
by the Holy Spirit of promise.  
See D&C 132:7

## Sources:

*Who's Who* in the Book of Mormon by Ed J. Pinegar and Richard J. Allen

If you had missed Mosiah 1 as a whole chapter, see previous lesson Enos - Words of Mormon

## The Entire Book of Mosiah is Chiastically Arranged.

The following outline is based on Welch (1969):

- A. King Benjamin exhorts his sons
- B. Mosiah chosen to succeed his father
- C. Mosiah receives the records
- D. Benjamin's speech and the words of the angel
- E. People enter into a covenant
- F. Priests consecrated
- G. Ammon leaves Zarahemla for the land of Lehi-Nephi
- H. People in bondage. Ammon put in prison
- I. The 24 gold plates
- J. The record of Zeniff begins as he leaves Zarahemla
- K. Defense against the Lamanites
- L. Noah and his priests
- M. Abinadi persecuted and thrown into prison
- N. Abinadi reads old law to priests**
- N' Abinadi makes his own prophecies**
- M' Abinadi persecuted and killed
- L' Noah and his priests
- K' Lamanites threaten the people of Limhi
- J' Record of Zeniff ends as he leaves the land of Lehi-Nephi
- I' The 24 gold plates
- H' People of Alma in bondage
- G' Alma leaves the land of Lehi-Nephi for Zarahemla
- F' The church organized by Alma
- E' Unbelievers refuse to enter covenant
- D' The words of Alma and the words of the angel of the Lord
- C' Alma the Younger receives the records
- B' Judges chosen instead of a king
- A' Mosiah exhorts his people

According to Welch's analysis, the theme of repentance, as delivered by the prophet Abinadi [through the reading of the law and the proclamation of prophecy], is the chiastic center of the book of Mosiah. [Raymond C. Treat, "Chiasms in the Book of Mormon," in Recent Book of Mormon Developments, Vol. 1, pp. 64, 67]

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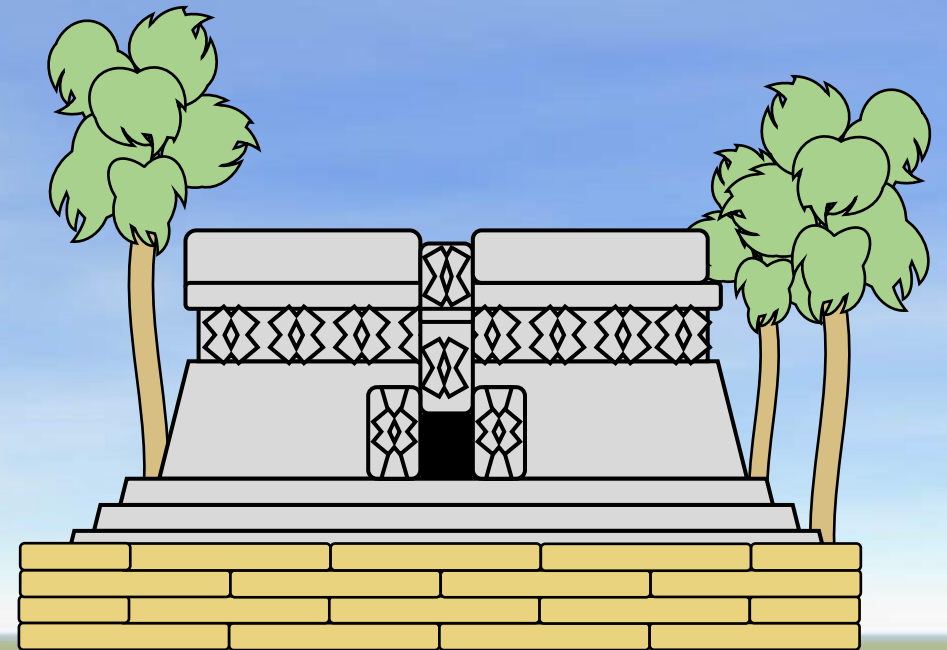
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# King's Speech From on High



## Mosiah 2



King Benjamin was one who served God by serving his people and teaching them to serve one another.

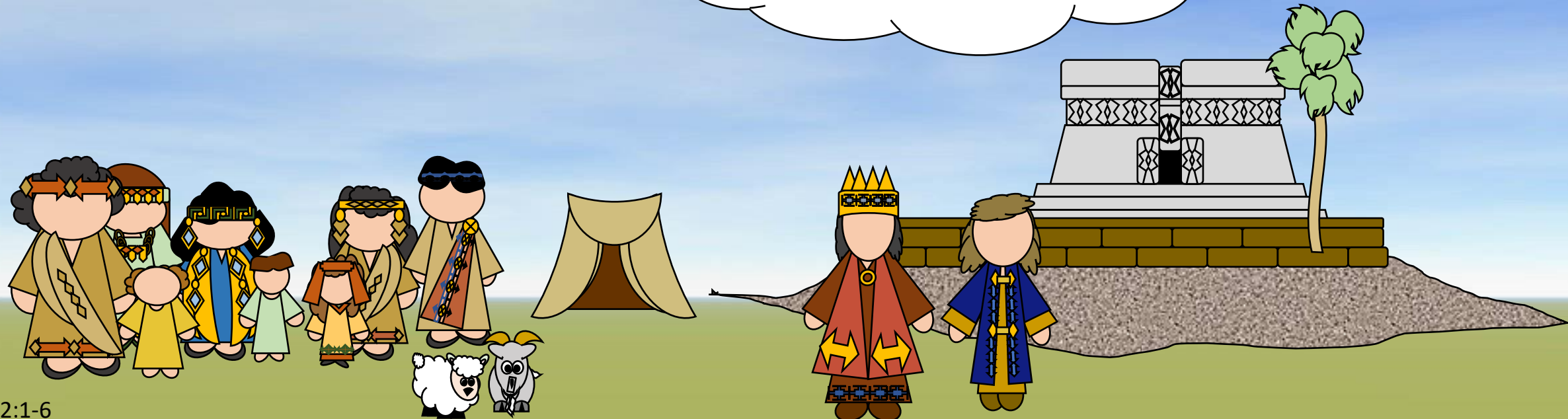
# The Gathering

Who gathered?

What did they bring?

Why did they gather?

Where did they gather?





# Mount of the Lord's House

One always went “up” to the temple suggesting that the temples were built on a hill, or higher than where the people lived

Isaiah 2:2

“...*that* the mountain of the LORD’s house shall be established in the top of the mountains, and shall be exalted above the hills; and all nations shall flow unto it.”



Ukraine Temple

Mosiah 2:1



Logan Temple



Manti Temple

# Burnt Offerings

An ordinance practiced in Adam's time  
Moses 5:7

This same offering will be offered again  
in our dispensation by the sons of Levi  
in fulfillment of the prophecies of  
Malachi and John the Baptist, and the  
promise of Joseph Smith

Malachi 3:3-4  
D&C 13  
Joseph Smith



Also

“That they might give thanks to the Lord  
their God, who had brought them out of  
the land of Jerusalem...”

# Patriarchal Organization



“According to his family:”

Including all members of their family



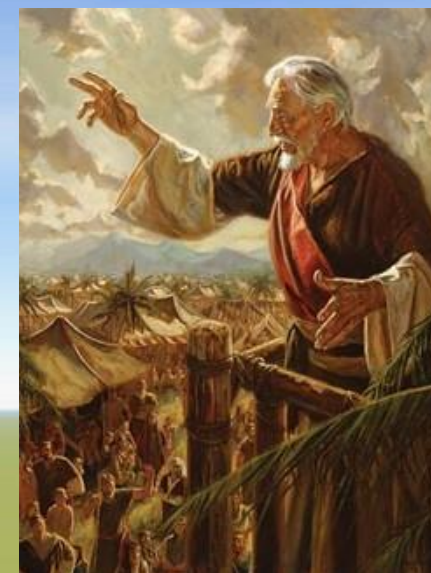
“...it is more important than ever to make our families the center of our lives and the top of our priorities. Families lie at the center of our Heavenly Father’s plan.”

L. Tom Perry

“And Adam and Eve blessed the name of God, and they made **all things known** unto their sons and their daughters.”

Moses 5:12

King Benjamin desired all the people, with their families, to hear the words of the Lord



# Pitch Their Tents



“They pitched their tents with their doors toward the temple so that they might hear the words of King Benjamin as he instructed them in the doctrine of eternal life.”

L. Tom Perry



Where your passions lie:  
Genesis 13:12

“Abram dwelled in the land of Canaan,  
and Lot dwelled in the cities of the plain, and  
pitched *his* tent toward Sodom.”

Two Meanings:  
Where your home is  
Where your passions lie



Where your home is:

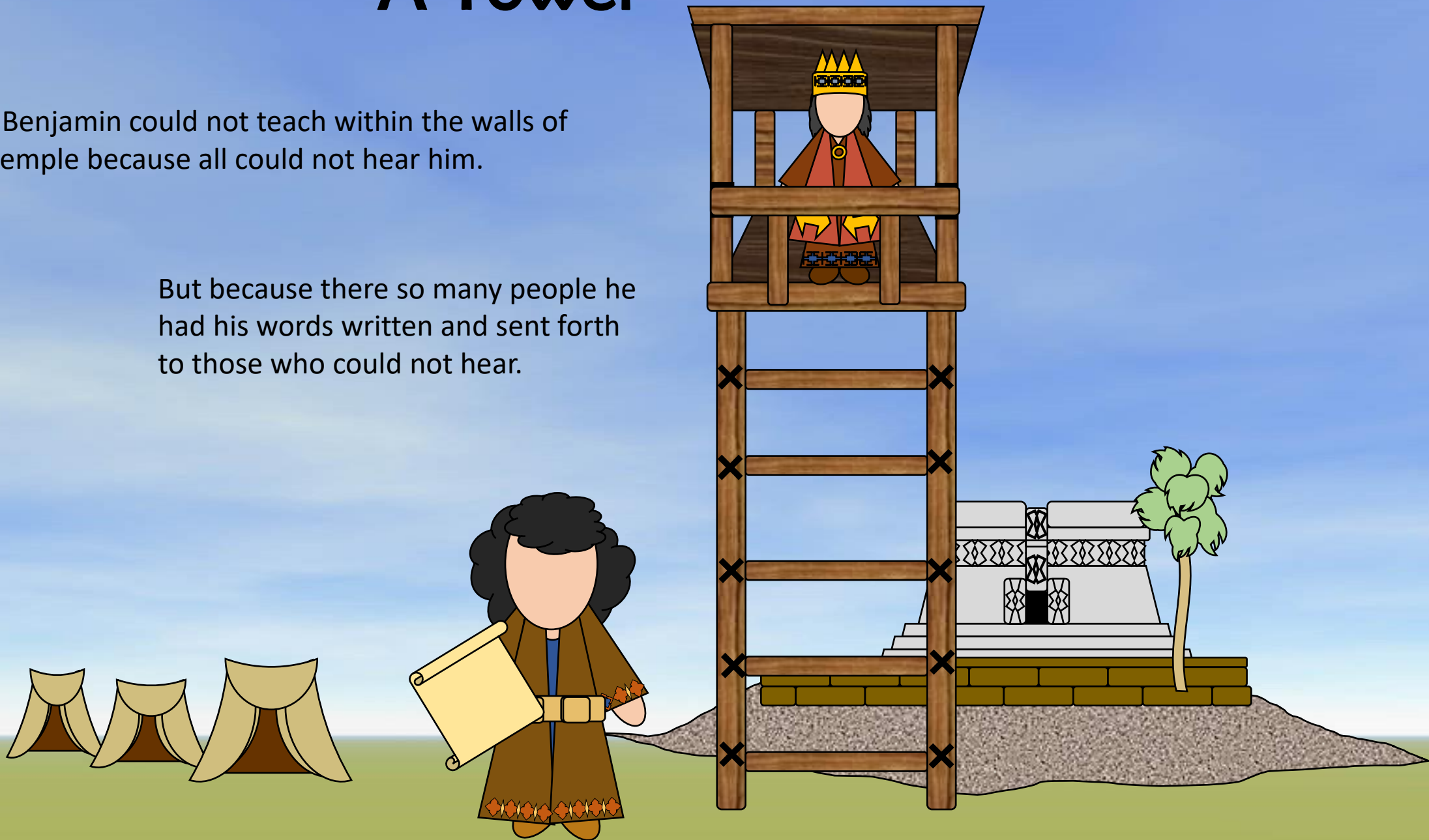
1 Nephi 2:15

*And my father dwelt in a tent.*

# A Tower

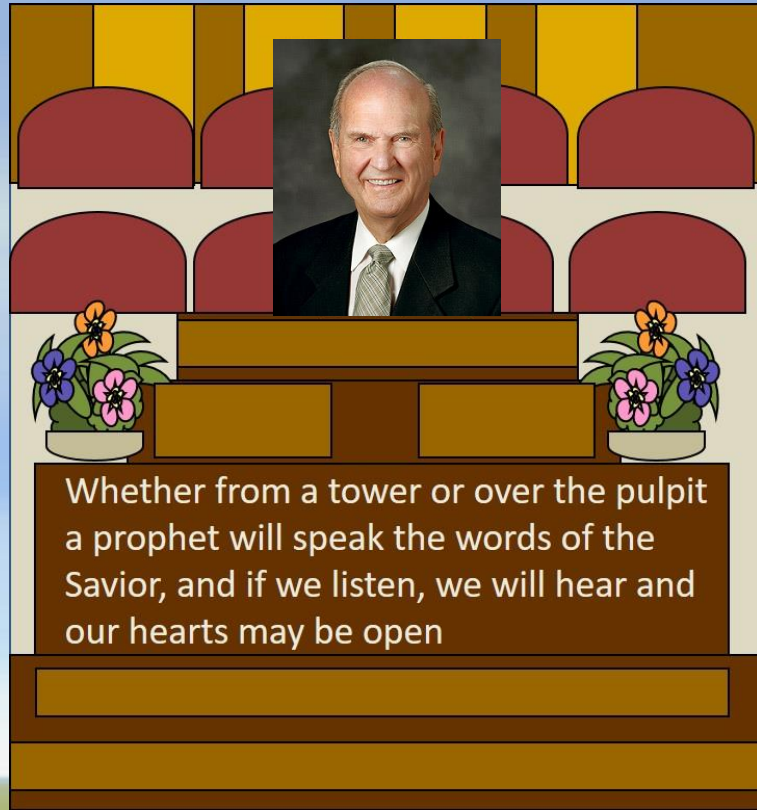
King Benjamin could not teach within the walls of the temple because all could not hear him.

But because there so many people he had his words written and sent forth to those who could not hear.

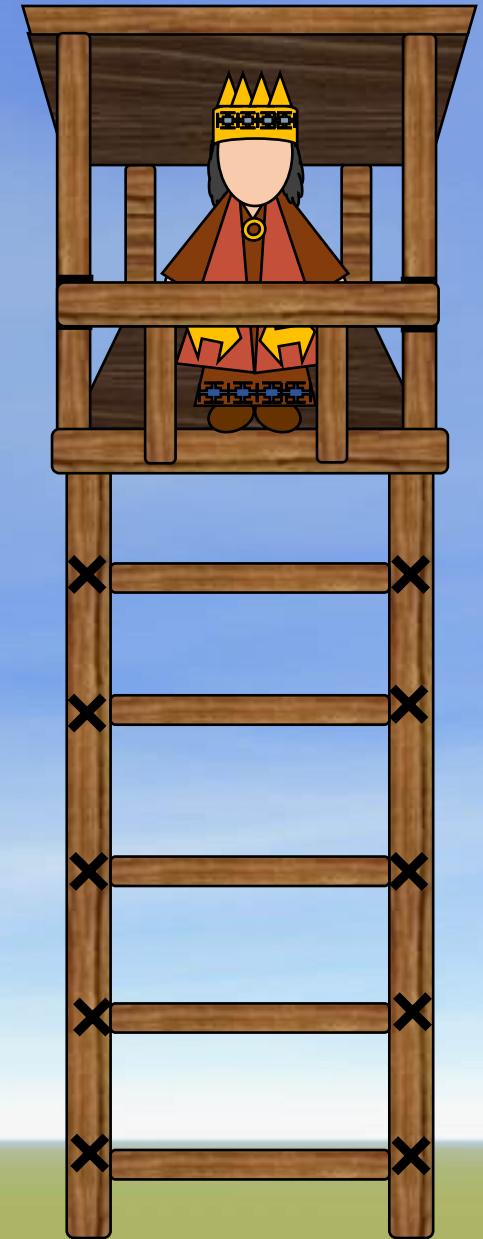


# To Hear the Words

“Hearken unto me, and open your ears that ye may hear”



Whether from a tower or over the pulpit a prophet will speak the words of the Savior, and if we listen, we will hear and our hearts may be open



# The Speech

Fear me not; I  
am a mortal  
man; I am like  
you

You have  
chosen me to  
be ruler and  
king over this  
land

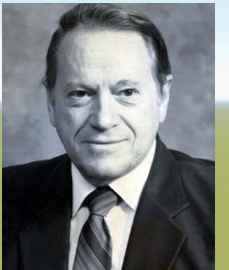
I will serve you  
with all my  
might; I have  
not asked for  
riches

I have not made  
you slaves and  
ask you not to  
make slaves of  
one another

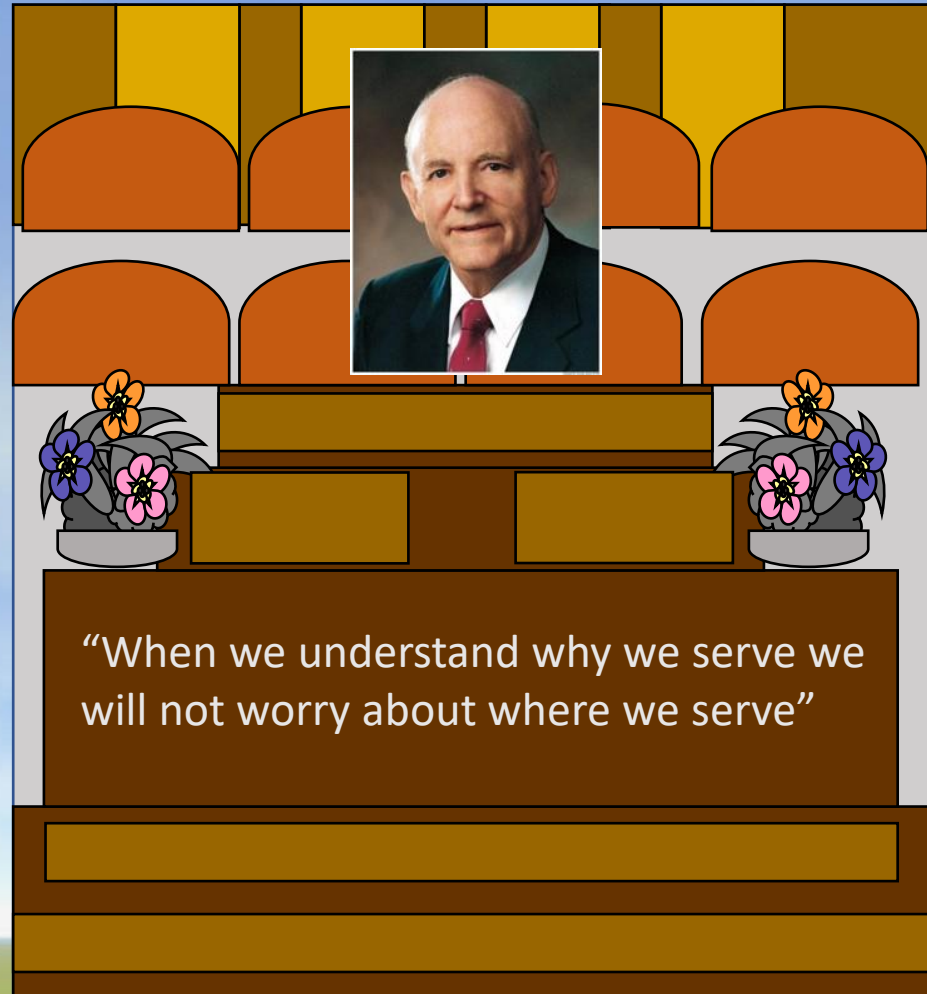
I have taught  
you to keep the  
commandments

I will not  
burden you  
with taxes

“Burdensome, unjust taxation is a form of theft. King Benjamin realized that a government has no more right to steal from its citizens than the citizens have to steal from one another.”  
Rodney Turner



# Labored With Mine Own Hands



“When we understand why we serve we will not worry about where we serve”



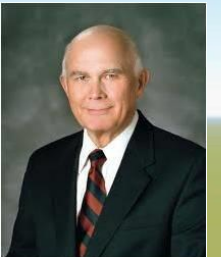
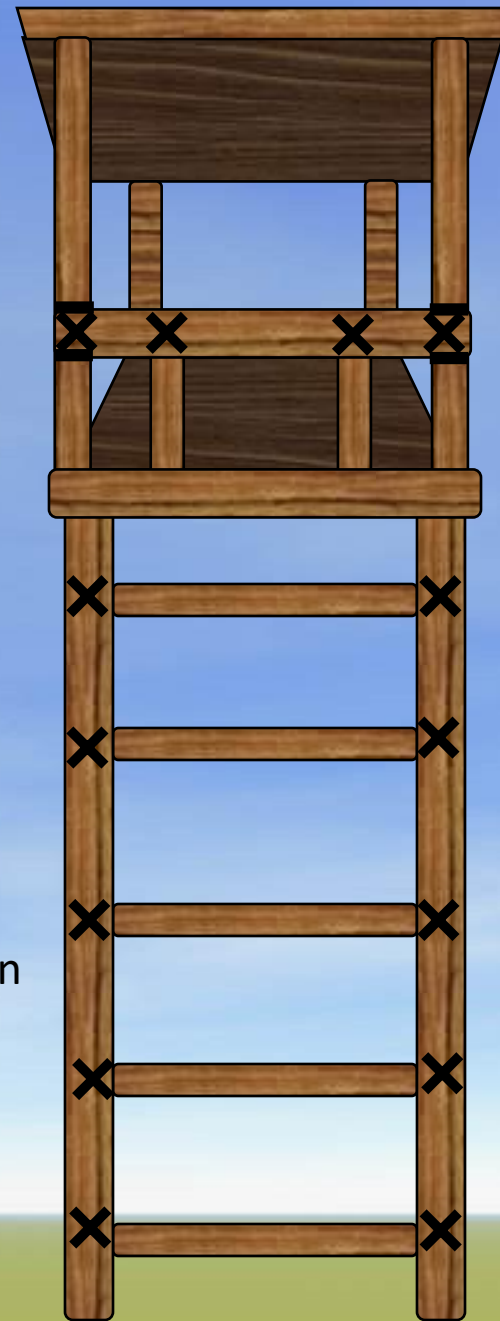
# Reasons for Service

1. Some serve for hope of earthy reward
2. Some serve to obtain good companionship...these persons are more selective in choosing their friends than the Master was in choosing his servants
3. Some serve out of fear of punishment
4. Some serve out of a sense of duty or out of loyalty to family, friends, or traditions— 'the good soldier'
5. The higher reason for service is the hope of an eternal reward...this hope is one of our most powerful motivations...

Each of the above is self-centered...

Those who follow the Savior's example must lose themselves in their service to others...if our service is to be most efficacious, it must be unconcerned with self and heedless of personal advantage. In order to stand blameless before God at the last day, we must also serve him with all our heart and mind."

Dallan H. Oaks



# Where Do I Stand?

I look for opportunities to serve.



I respond willingly when I'm asked to help.



I tend to think that someone else will do the service.



I want to serve but find it difficult to prioritize service in my life.



I like serving but worry about how I might be perceived by others.



I like serving but struggle with the desire to be noticed or recognized by others.



# Doctrinal Mastery



Mosiah 2:17



“And behold, I tell you these things that ye may learn wisdom; that ye may learn that **when ye are in the service of your fellow beings ye are only in the service of your God.**”

**When we serve others, we serve God.**

As we look heavenward, we inevitably learn of our responsibility to reach outward.

To find real happiness, we must seek for it in a focus outside ourselves.

No one has learned the meaning of living until he has surrendered his ego to the service of his fellow man. ...

The New Testament teaches that it is impossible to take a right attitude toward Christ without taking an unselfish attitude toward men. ...

We look to the Savior as our example of service. Although He came to earth as the Son of God, He humbly served those around Him.

He came forth from heaven to live on earth as mortal man and to establish the kingdom of God.

His glorious gospel reshaped the thinking of the world. He blessed the sick;

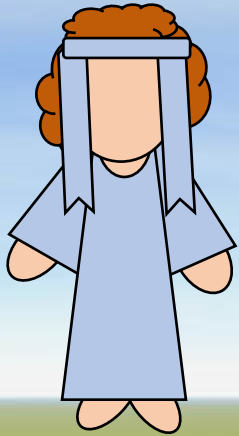
He caused the lame to walk, the blind to see, the deaf to hear. He even raised the dead to life. Thomas S. Monson,



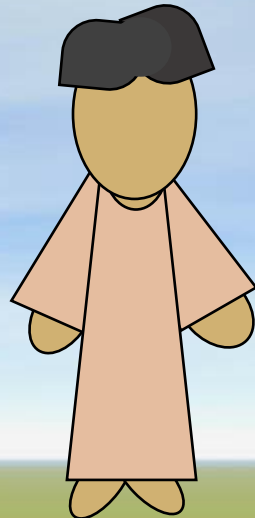
# Unprofitable Servants

People make a profit when they receive more than they give. We are unprofitable servants to our Heavenly Father because the value of the blessings He gives us will always greatly exceed the value of the service He receives from us.

How does one repay his parent for raising them in righteousness?



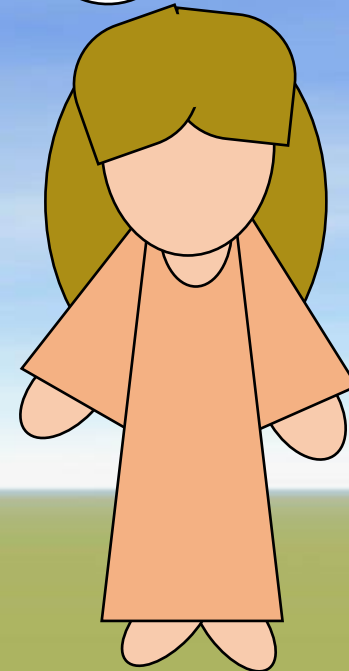
We can repay them by obedience and service (helping)



What is the greater debt we owe to God?



We can repay God through obedience and faithful service



“In our relationship with God we are at best unprofitable servants”



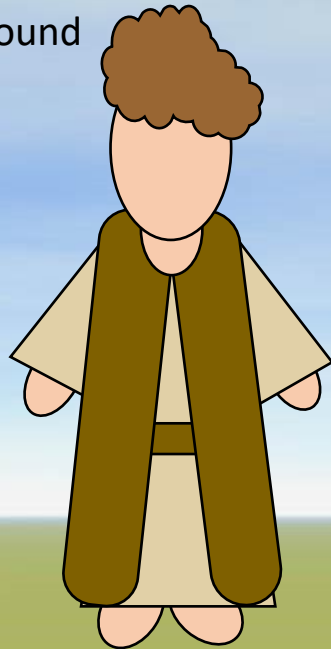
# Dust of the Earth



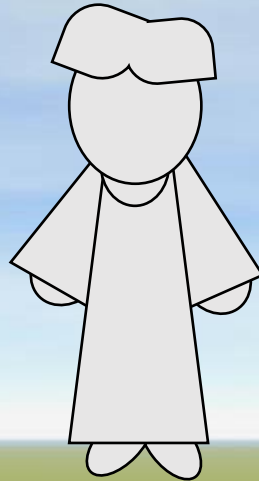
We did not create nor do we own the elements of the earth  
King Benjamin talks about the indebtedness to God by noting that even  
our bodies are made of borrowed materials

JFM and RLM

Adam, the first of all  
men, was formed  
from the ground  
Genesis 2:7



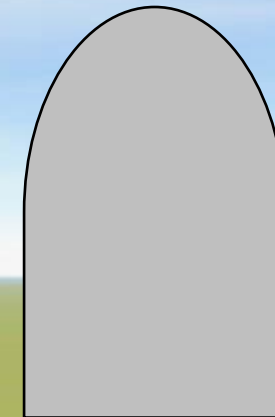
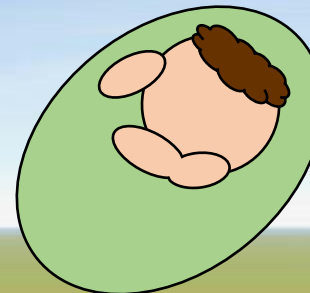
All mankind, according to  
our restored text, are born  
into mortality “by water, and  
blood, and the spirit.: and so  
become “of dust” living souls  
Moses 6:59



“All who have  
inhabited the  
earth since  
Adam have take  
bodies and  
become souls in  
like manner”  
James R. Clark



We were born of the dust of the  
earth in the same manner that our  
first earthly father was born of dust.  
Our bodies, like his, were formed  
from the elements of this earth and  
at death will return to those  
elements from which they were  
taken, until the glorious day of  
resurrection



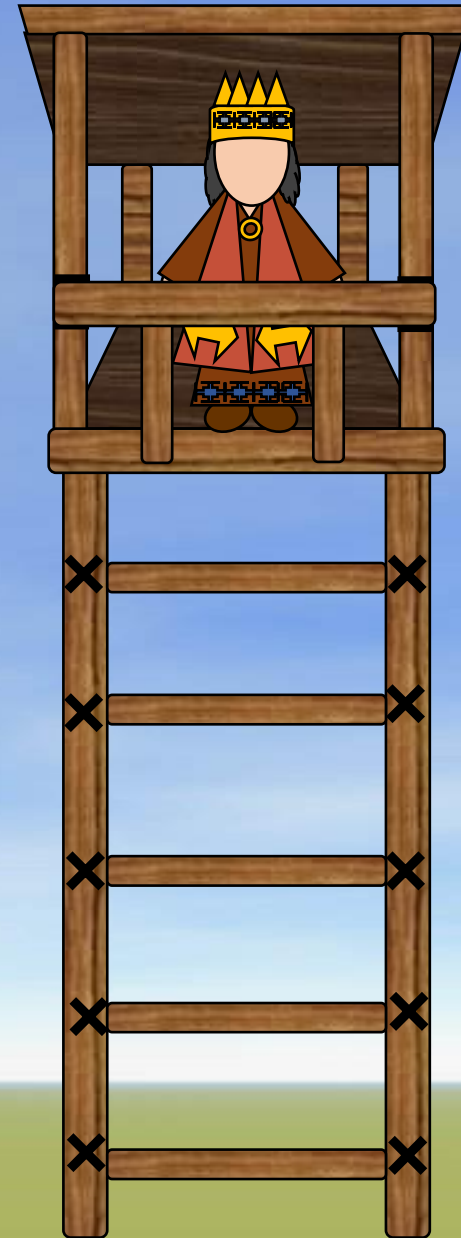
# Responsibility of Teaching

Should the King Benjamin, the messenger, fail to deliver the message, he then assumes a responsibility for the sins of those who went unwarned because he shrugged his duty.

What message do we have to give?

Who are we responsible for?

“Behold, I sent you out to testify and warn the people, and it becometh every man who hath been warned to warn his neighbor. Therefore, they are left without excuse, and their sins are upon their own heads.”  
D&C 88:81-82



# Responsibility of the People:

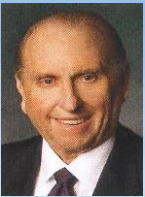
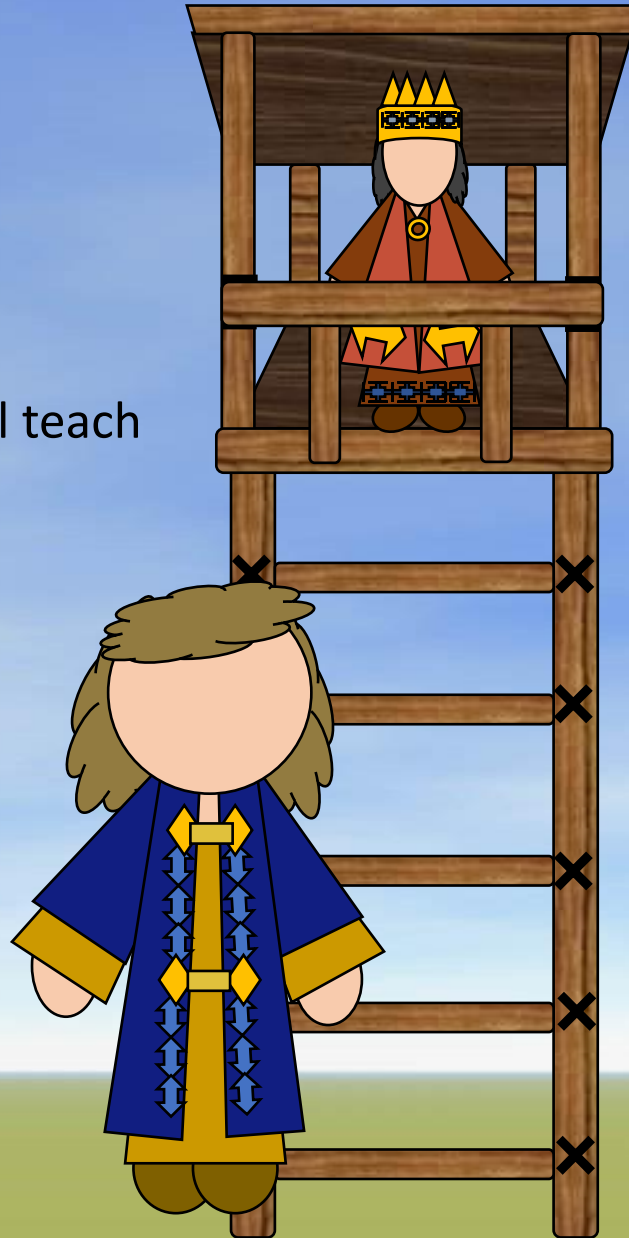
To accept Mosiah as their king and ruler

Keep the commandments

Keep from falling into the enemies' hands

Keep the commandments that Mosiah will teach

Keep peace among yourselves



“We have an opportunity to sustain—support, help, pray for—each of these people in their callings. We indicate our willingness to do so by raising our right hands when their names are read to us in general conference, stake conference, ward or branch conference, or sacrament meeting. Raising our hands is a sign to us, to them, and to the Lord that we will sustain them.”

Thomas S. Monson



“We should ... endeavor to discern when we ‘withdraw [ourselves] from the Spirit of the Lord, that it may have no place in [us] to guide [us] in wisdom’s paths that [we] may be blessed, prospered, and preserved’ ...



“... If something we think, see, hear, or do distances us from the Holy Ghost, then we should stop thinking, seeing, hearing, or doing that thing.

If that which is intended to entertain, for example, alienates us from the Holy Spirit, then certainly that type of entertainment is not for us.

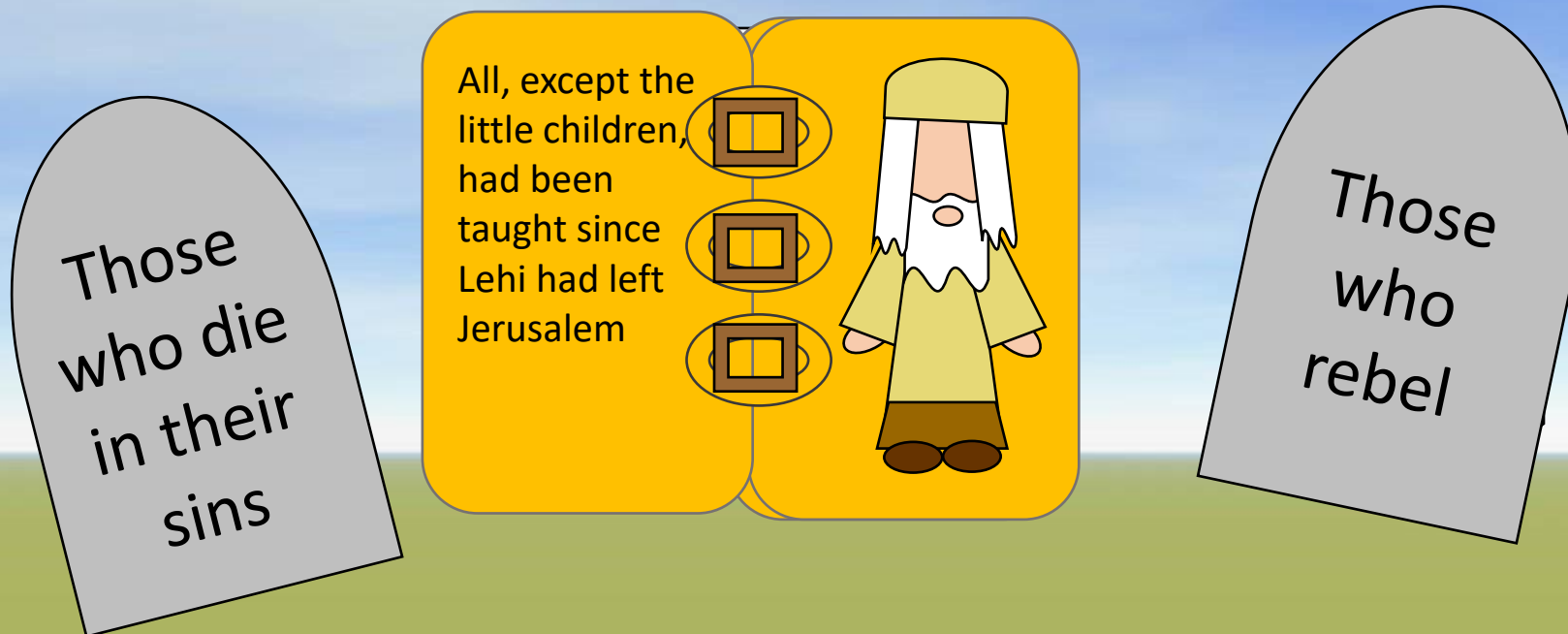
Because the Spirit cannot abide that which is vulgar, crude, or immodest, then clearly such things are not for us.

Because we estrange the Spirit of the Lord when we engage in activities we know we should shun, then such things definitely are not for us.”

David A. Bednar

# A State of Never-Ending Happiness

If we keep the commandments, we will receive temporal and spiritual blessings in this life and eventually live with Heavenly Father in a state of never-ending happiness.



# Doctrinal Mastery



Mosiah 2:41



And moreover, I would desire that ye should consider on the blessed and happy state of those that keep the commandments of God. For behold, they are blessed in all things, both temporal and spiritual; and if they hold out faithful to the end they are received into heaven, that thereby they may dwell with God in a state of never-ending happiness. O remember, remember that these things are true; for the Lord God hath spoken it.

## Sources:

Joseph Smith Teaching of Joseph Smith p 172-173

L. Tom Perry *The Importance of Family* April 2003 Gen. Conf.

*Tents--Thou Shalt Give Heed unto All His Words* April 2000

Rodney Turner (*Studies in Scriptures*, ed. By K. Jackson 7:211)

Dallin H. Oak *Pure in Heart* p 38-49

Joseph Fielding McConkie and Robert L. Millet *Doctrinal Commentary on the Book of Mormon* Vol. 2 p 139-140

James R. Clark *Messages of the First Presidency* 4:205

Thomas S. Monson *We Sustain Our Leaders* March 2012 Ensign; “The Joy of Service,” *New Era*, Oct. 2009, 4, 6)

David A. Bednar, “That We May Always Have His Spirit to Be with Us,” *Ensign* or *Liahona*, May 2006, 30

# Service quotes

Sometimes we may initially serve from a sense of duty or obligation, but even that service can lead us to draw on something higher within us, leading us to serve in “a more excellent way” [1 Corinthians 12:31]. ...

When we focus on all that God has done for us, our service flows from a heart of gratitude. As we become less concerned about our service magnifying us, we realize instead that the focus of our service will be on putting God first. (Joy D. Jones, “For Him,” *Ensign or Liahona*, Nov. 2018, 50–51)

Sometimes we think we have to do something grand and heroic to “count” as serving our neighbors. Yet simple acts of service can have profound effects on others—as well as on ourselves. What did the Savior do? Through His supernal gifts of the Atonement and Resurrection ... “none other has had so profound an influence [on] all who have lived and who will yet live upon the earth” [“The Living Christ: The Testimony of the Apostles,” ChurchofJesusChrist.org]. But He also smiled at, talked with, walked with, listened to, made time for, encouraged, taught, fed, and forgave. He served family and friends, neighbors and strangers alike, and He invited acquaintances and loved ones to enjoy the rich blessings of His gospel. Those “simple” acts of service and love provide a template for our ministering today. (Jean B. Bingham, “Ministering as the Savior Does,” *Ensign or Liahona*, May 2018, 104)

In your morning prayer each new day, ask Heavenly Father to guide you to recognize an opportunity to serve one of His precious children. Then go throughout the day with your heart full of faith and love, looking for someone to help. ... If you do this, your spiritual sensitivities will be enlarged and you will discover opportunities to serve that you never before realized were possible. (M. Russell Ballard, “Be Anxiously Engaged,” *Ensign or Liahona*, Nov. 2012, 31)

Can you think back on a time when you lovingly reached out with sincere effort to help someone in need and felt that your efforts went unnoticed or perhaps were unappreciated or even unwanted? In that moment, did you question the value of your service? If so, may the words of King Benjamin replace your doubt and even your hurt: “Ye are only in the service of your God” [Mosiah 2:17].

Rather than building resentment, we can build, through service, a more perfect relationship with our Heavenly Father. Our love for and devotion to Him preempts the need for recognition or appreciation and allows His love to flow to and through us. (Joy D. Jones, “For Him,” *Ensign or Liahona*, Nov. 2018, 50)

Prophecy:  
The Coming of the Savior



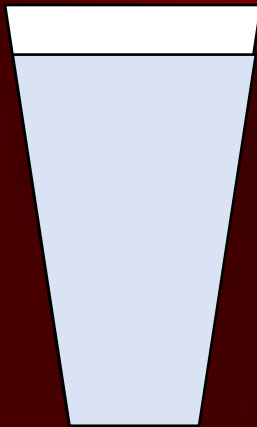
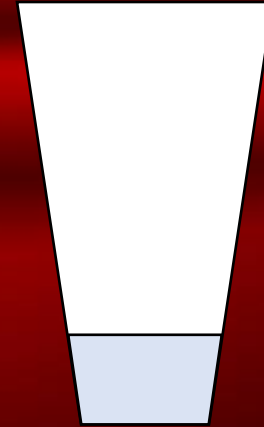
Mosiah 3



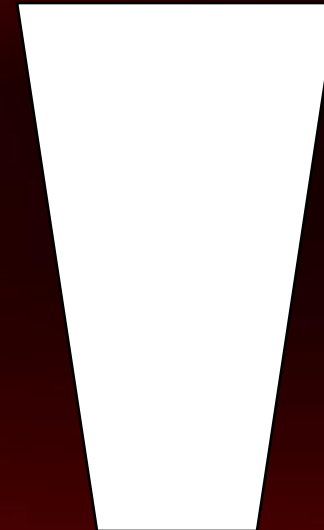
# The Taste Test



How much water would you pour into the glass for someone who wants only a taste of the water?



How much water would you pour for someone who wants to be filled?



If the water was Joy, how much water would you want?

# Angel's Declaration

## Awake

Angels have played an important part in teaching the gospel to the children of men since the days of Adam  
Moses 5:58



Mosiah 3:2-3

Angels are messengers of God and frequently come to instruct and prophesy relative to the gospel of Jesus Christ



*Bringing glad tidings of great joy.*



# Glad Tidings of Great Joy

Through out ancient history  
the phrase is in reference to  
the prophecies of the birth of  
Christ and His mortal ministry  
Alma 13:22



“And angels did appear unto  
men, wise men, and did  
declare unto them glad tidings  
of great joy; thus in this year  
the scriptures began to be  
fulfilled.”  
Helaman 16:14

“And the angel said unto them, Fear not: for, behold, I bring  
you good tidings of great joy, which shall be to all people.”  
Luke 2:10

# The Mission of Christ

Omnipotent—Having all power

Obtaining a  
mortal body—  
tabernacle of clay



Working miracles—

Healing the sick

Raising the dead

Causing the lame to walk

The blind to receive their sight

The deaf to hear

Curing all manner of diseases

He shall cast out devils or evil spirits that  
dwell in the hearts of men

He shall suffer:

Temptations

Physical pain and hunger



# Christ's Ultimate Mission



**As part of His Atonement,  
Jesus Christ suffered more  
than man can suffer**



“Christ’s agony in the garden is unfathomable by the finite mind, both as to intensity and cause. ...

He struggled and groaned under a burden such as no other being who has lived on earth might even conceive as possible. It was not physical pain, nor mental anguish alone, that caused Him to suffer such torture as to produce an extrusion of blood from every pore; but a spiritual agony of soul such as only God was capable of experiencing. ...

In that hour of anguish Christ met and overcame all the horrors that Satan, ‘the prince of this world,’ could inflict. ...

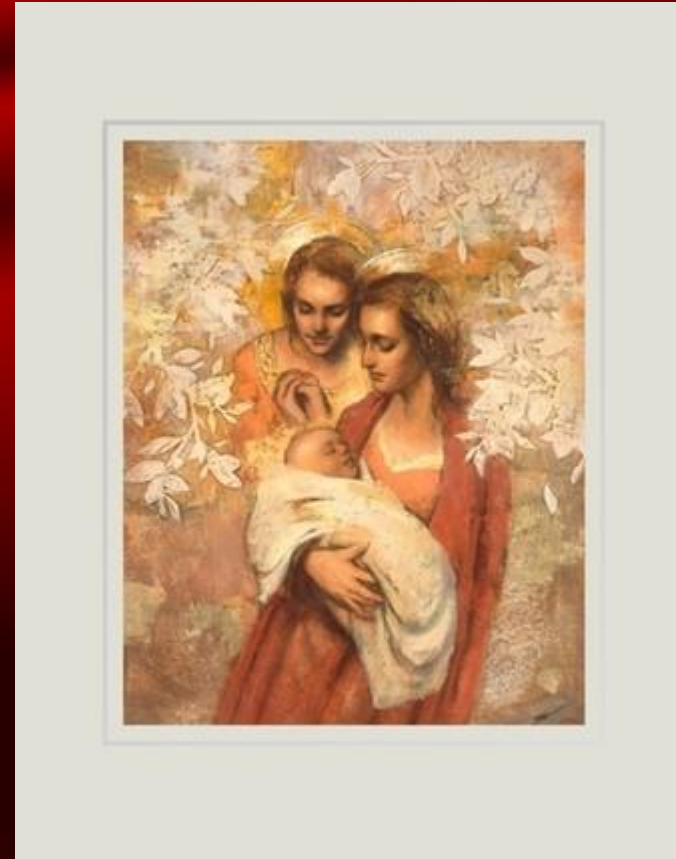
In some manner, actual and terribly real though to man incomprehensible, the Savior took upon Himself the burden of the sins of mankind from Adam to the end of the world”

James E. Talmage

# His Name

*“And he shall be called Jesus Christ, the Son of God, the Father of heaven and earth, the Creator of all things from the beginning; and his mother shall be called Mary.”*

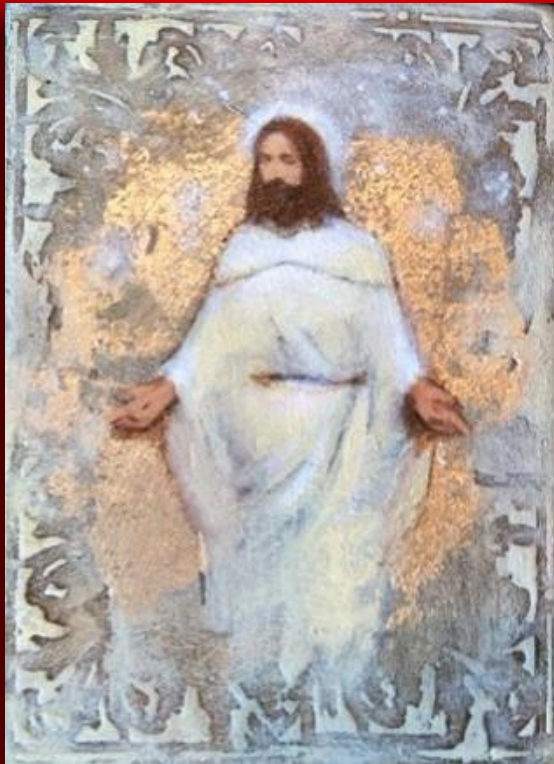
Jesus (Hebrew=Joshua)  
Meaning Jehovah saves  
Christ is a title meaning  
“anointed” or “anointed one”



Greek-Mary  
Hebrew-Miriam

# Salvation--Exaltation

Jesus will be scourged, crucified and then rise the 3<sup>rd</sup> day and stand to judge the world



His blood will atone for the sins of those who have transgressed



# Application of Atonement

How does the Atonement apply to those who die without a knowledge of the gospel?

D&C 137:7 “Thus came the voice of the Lord unto me, saying: All who have died without a knowledge of this gospel, who would have received it if they had been permitted to tarry, shall be heirs of the celestial kingdom of God;”

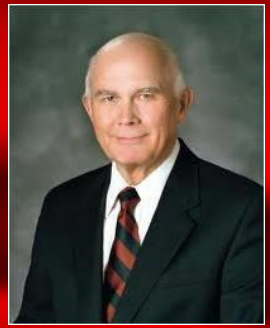
To those who rebel against God and deliberately sin?

D&C 137:9 “For I, the Lord, will judge all men according to their works, according to the desire of their hearts.”

To children who die before they reach the age of accountability?

D&C 137:10 “And I also beheld that all children who die before they arrive at the years of accountability are saved in the celestial kingdom of heaven.”





“We ... read that ‘his blood atoneth for the sins of those ... who have died not knowing the will of God concerning them, or who have ignorantly sinned’ (Mosiah 3:11). Similarly, ‘the blood of Christ atoneth for [little children]’ (Mosiah 3:16).

These teachings that the resurrecting and cleansing power of the Atonement is for all contradict the assertion that the grace of God saves only a chosen few. His grace is for all.

These teachings of the Book of Mormon expand our vision and enlarge our understanding of the all-encompassing love of God and the universal effect of His Atonement for all men everywhere”

Dallin H. Oaks



Mosiah 3:12

If we knowingly rebel against God's commandments, we will not be saved unless we exercise faith in Jesus Christ and repent

“Some people knowingly break God’s commandments, planning to repent later, such as before they go to the temple or serve a mission. Such deliberate sin mocks the Savior’s Atonement.”

(For the Strength of Youth [booklet, 2011], 29)

*“But wo, wo unto him who knoweth that he rebelleth against God! For salvation cometh to none such except it be through repentance and faith on the Lord Jesus Christ.”*



# Natural Man

A natural man is “a person who chooses to be influenced by the passions, desires, appetites, and senses of the flesh rather than by the promptings of the Holy Spirit.



...Such a person can comprehend physical things but not spiritual things. All people are carnal, or mortal, because of the fall of Adam and Eve. Each person must be born again through the atonement of Jesus Christ”

Guide to the Scriptures

# Becoming a Saint

Through the Atonement of Jesus Christ, a person does more than just stop being a “natural man.” He or she “becometh a saint.” In addition to saving us from our sins, the Savior changes us into better people than we could ever be on our own. He helps us become more like Him.

Separating ourselves from the world and becoming obedient to the laws and ordinances of the gospel



“Both clean hands and a pure heart are required to ascend into the hill of the Lord and to stand in His holy place.”  
[see Psalm 24:3–4].

**Through the Atonement of Jesus Christ, we can overcome the natural man as we yield to the enticings of the Holy Spirit and become as a little child.**

“Let me suggest that hands are made clean through the process of putting off the natural man and by overcoming sin and the evil influences in our lives through the Savior’s Atonement.

Hearts are purified as we receive His strengthening power to do good and become better.

All of our worthy desires and good works, as necessary as they are, can never produce clean hands and a pure heart.

It is the Atonement of Jesus Christ that provides both a *cleansing and redeeming power* that helps us to overcome sin and a *sanctifying and strengthening power* that helps us to become better than we ever could by relying only upon our own strength.

The infinite Atonement is for both the sinner and for the saint in each of us”.

David A. Bednar



# Receiving the Word

King Benjamin received the word from an angel

His people received the word from him

Both have the same obligation to embrace and live it

Those who have heard the word and have been taught will be held accountable to live the commandments taught by King Benjamin

Those who are wicked will be judged

Endless Torment—the quality or nature of the punishment rather than the duration



## Sources:

James E. Talmage (*Jesus the Christ*, 3rd ed. [1916], 613).

Dallin H. Oaks (“All Men Everywhere,” *Ensign or Liahona*, May 2006, 77).

Guide to the Scriptures, “Natural Man,” scriptures.lds.org.

David A. Bednar (“Clean Hands and a Pure Heart,” *Ensign or Liahona*, Nov. 2007, 82).

Inspired thoughts by Joseph Fielding McConkie and Robert L. Millet Doctrinal Commentary on the Book of Mormon Vol. 2 (see Mosiah 3)

Annie Henrie Nadar Artwork



## Mosiah 3:17-19

**17.** And moreover, I say unto you, that there shall be no other name given nor any other way nor means whereby salvation can come unto the children of men, only in and through the name of Christ, the Lord Omnipotent.

**18.** For behold he judgeth, and his judgment is just; and the infant perisheth not that dieth in his infancy; but men drink damnation to their own souls except they

**(A) humble** themselves and

**(B) become as little children,** and believe that salvation was, and is, and is to come, in and through

**(C) the atoning blood of Christ,** the Lord Omnipotent. **19.** For

**(D) the natural man** is an enemy to God, and has been from the fall of Adam, and will be, forever and ever, unless he yields to the enticings of the Holy Spirit, and putteth off

**(D) the natural man** and becometh a saint through

**(C) the atonement of Christ** the Lord, and

**(B) becometh as a child,** submissive, meek,

**(A) humble,** patient, full of love, willing to submit to all things which the Lord seeth fit to inflict upon him, even as a child doth submit to his father.

# Understanding the Atonement of Christ

Elder Richard G. Scott of the Quorum of the Twelve Apostles taught that we should seek to understand all we can about the Atonement of Jesus Christ:

“None of us can ever adequately appreciate in mortality the full beneficial consequences of the Atonement.

“There is an imperative need for each of us to strengthen our understanding of the significance of the Atonement of Jesus Christ so that it will become an unshakable foundation upon which to build our lives. As the world becomes more devoid of foundational standards and as honor, virtue, and purity are increasingly cast aside in the pursuit of appetite, our understanding of and faith in the Atonement of Jesus Christ will provide strength and capacity needed for a successful life. It will also bring confidence in times of trial and peace in moments of turmoil.

“I energetically encourage you to establish a personal study plan to better understand and appreciate the incomparable, eternal, infinite consequences of Jesus Christ’s perfect fulfillment of His divinely appointed calling as our Savior and Redeemer. Profound personal pondering of the scriptures accompanied by searching, heartfelt prayer will fortify your understanding of and appreciation for His priceless Atonement. Another powerful way to learn of Jesus Christ and His Atonement is through consistent temple attendance” (“He Lives! All Glory to His Name!” *Ensign or Liahona*, May 2010, 77).

**The Atonement Mosiah 2:19:**

“None of us can ever adequately appreciate in mortality the full beneficial consequences of the Atonement.

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**Sacrament Mosiah 2:19:**

“Sacrament meeting is the most sacred and holy of all the meetings in the Church. After His Resurrection, the Savior instituted the sacrament among the Nephites [see 3 Nephi 18:1–11]. If we are to be His disciples and to be committed members of His Church, we must remember and reverence the sacrament. It allows each of us to express with broken hearts and contrite spirits our willingness to follow the Savior, to repent, and to become a Saint through the Atonement of Christ [see Mosiah 3:19]” (Quentin L. Cook, “We Follow Jesus Christ,” *Ensign or Liahona*, May 2010, 84).

**ANNIE HENRIE** graduated with a bachelor of fine arts degree from Brigham Young University in April 2012, and since the age of sixteen she has shown her work in galleries, including Bronze Coast Gallery in Cannon Beach, Oregon; Authentique Gallery in St. George, Utah; and Deseret Book stores. Annie grew up in Bountiful, Utah, and is the daughter of Cary and Sauni Henrie. Her father, also a professional artist, has taught his daughter how to paint and draw since she was in kindergarten. Annie's work is inspired by her experiences serving as a missionary in southern England and studying Renaissance art in Italy. She currently resides in Salt Lake City, Utah.

**You served a mission in England and studied in Europe. How did those experiences shape your voice as an artist?**

My studies abroad through BYU were incredibly influential and were some of the best things I did as a student there. In England and Italy, I saw A LOT of art- I saw the difference between overly sexualized and explicit art and art that meant to lift and inspire others to be better and greater human beings. I found my style there, and in many ways, found who I was. My mind was opened to the many different types of people and cultures there are in the world, and loved learning about the history of art.

Serving in England was pivotal in so many ways. There I met real life saints and angels- people who had gone through hard things but had risen above them and embraced the light of Christ. I met people who had been tried and tested in every way but were serving and ministering- by every definition they were angels. I also saw how silly it would be to just make art for decoration’s sake- there was so much need for help, compassion, and the Gospel in the world. However, I knew that art was my one natural talent, and the mission inspired me to work to find how to apply it, how to help the world on an everyday basis. It has been a powerful motivation to create and promote this type of art, and in a way, has continued the mission of spreading the Gospel.

<http://www.thekrakens.com/2015/08/annie-henrie-nader-modern-spirituality/>